

13<sup>th</sup> March 2020

# Trinity All Through School

Website: [Trinitylewisham.org](http://Trinitylewisham.org)

## WEEKLY NEWSLETTER

Primary Phase

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Tel : 0208 325 4551



Secondary Phase

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Dear Trinitarians

The pupils have been amazing at school this week, focused on their studies and research. Our Year 6 had their SATS mock / practice exams - and they were fabulous - really did rise to the challenge. We have now completed many end of term assessments, with the final few year groups starting next week. This is our opportunity to look at how well pupils have progressed, and to help us as teachers identify any gaps or misconceptions that we need to address in our teaching moving forward. We wish to thank you fully for all your support in what can be a stressful time.

I would also like to thank you for all for your support in helping us keep the pupils grounded in this difficult and uncertain times. We have been acting on our daily updates from Public Health England, the Department for Education and the Diocese. The school has been working hard to keep clean by increasing our cleaning programme and focusing on door handles / banisters / kitchens and toilets. We are reminding pupils at all times to wash their hands regularly and we have been demonstrating how to do this in a way that will have a better impact. The message is clear that schools should remain open, and we are instructed to follow the direct advice given to us. We are working closely with Public Health England with any concerns and have called them for advice several times. We currently have no known cases in our school. We do have plans in motion in the event that the school is advised to close to ensure our pupils are able to access work from home. It is vital that parents and pupils in year 7 - 11 have signed onto WeDuc. This is our school app. We are in the early stages of setting this up for primary parents, and will send messages via the app, but will also at this transition time text as well. The Secondary Parents should all be using the App as it was launched with them back in September last year. This app is where all the work and communication will be sent for our secondary phase pupils. Our IT department are contacting families where they have not yet signed in, but please be proactive and get this installed on your mobile devices and home computers. All secondary phase pupils have their own account as well as parents - and will be able to communicate with all their teachers via this. We appreciate not all pupils have access to computers and are working on paper packs as well to ensure all pupils are able to continue to learn if we are forced to close. We also understand that the government has announced that all international trips are to be cancelled at this time. We are currently working hard to seek clarification on this to ensure we are able to feedback accurately to you any implications relating to parents that have already booked their children onto a trip.

Thank you once again for all your support. If you are apprehensive or worried about your health and that of your family please contact 111 immediately. They will be able to give you all the advice you require. Do keep us updated and informed as well. In the interim we are here to bring some normality to our pupils, to keep them focused on their learning and to help them progress. If you have any concerns please do contact the school during school hours. Meanwhile please do carry on and enjoy the weekend.

**DAVID LUCAS**

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### Dates to Diarise

**Year 7 Parent Event (HA Pupils)**  
**Tuesday 17<sup>th</sup> March 16h30 – 18h00**  
**Trinity Secondary site**





Dear Trinity families,

It was wonderful seeing so many of you at our annual Science Fair on Thursday. Miss Stevenson, our Science Lead, was once again blown away by the investigations and science learning on show. It is clear we have a love of learning at Trinity. Check out the blog to see the insightful learning that was on display.

This Friday was also very eventful. As part of our drive for courageous advocacy, we helped raise money for Sports Relief. Thank you to everyone who came in dressed in sportswear and gave a pound for the charity. During the day, Miss Gibbins and the teachers organised lots of fun sporting activities, beginning with a whole hall of pupils doing an aerobics work out. There was even a staff vs pupils' netball match at lunchtime! Have a look on the blog to see what other sporting adventures our Trinitarians got up to.

On Tuesday this week, our Y5 Rugby team participated in a Lewisham Games event and were incredibly sporting. We look forward to participating in as many inter school competitions as possible this academic year and beyond.

You will have received a letter today explaining that we have made the decision to cancel any offsite trips in light of guidance from the government. This guidance is constantly being updated and we will keep you all informed of any further changes. We really value trips at Trinity but will always follow official advice as our first priority will always be our Trinitarians' safety.

As always, I wish you the very best of weekends, full of rest and fun, ready for learning on Monday.

Head of School, Primary Phase  
Trinity all Through School

## SCIENCE FAIR 2020

What a fantastic Science Fair! Miss Stevenson was blown away by the investigations and science learning on display.

<https://trinityprimarylewisham.blogspot.com/2020/03/science-fair-2020.html>



## SCIENCE WEEK 2020

Science week was once again a tremendous success at Trinity.

<https://trinityprimarylewisham.blogspot.com/2020/03/science-week-2020.html>



## SPORTS RELIEF 2020

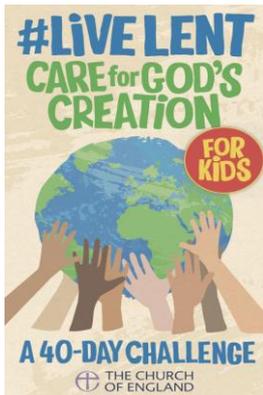
What a great time we had celebrating Sports Relief and raising money for a good cause.

<https://trinityprimarylewisham.blogspot.com/2020/03/sports-relief-2020.html>



This week at Trinity we concluded our half term focus on insightful. For three weeks we have focused on what insight is, how we can develop insight and the importance of it. It has been great to see so many students at both sites be nominated by their peers and teachers for being insightful. Developing a deep knowledge and understanding about something is incredibly important and we have focused over the three weeks on develop a deep understanding of ourselves, of others, of our community and of God.

Next week we move onto our next Trinity characteristic – principled – we are spending three weeks looking at what it means, how we can be more principled and we will be reflecting on the life of Jesus and how He was principled in all he did and said. We will be reflecting on how we can be more like Christ in our actions and thoughts.

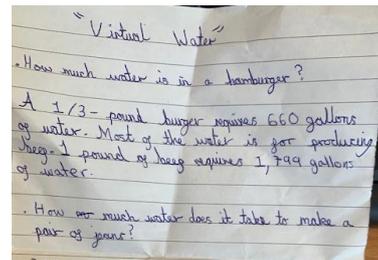


**Weekend challenge**

**Support a water charity**

Find out about charities providing clean water and toilets in poor communities.

**#Live Lent challenge example. Example from a year 5 pupil. Have you completed your challenges?**



**Our memory verse for the half term is: I have good sense and advice. I have insight and power. Proverbs 8:14.**



- Each month we will be collecting different tins for the food bank, please see below for what the different sites/year groups are collecting.
  - Secondary collection – February – Year 7 are collecting tinned tomatoes
  - Primary collection – February/March – All primary years are collecting tinned sweetcorn and/or tuna

**Announcements:**

- Thank you to those parents and families that came to our parent prayer group this Friday, it was a great opportunity to pause, reflect and pray together during this Lenten time.
- Taize – year 10 if your child in year 10 would like to attend Taize this year please get a letter and return as soon as possible with the deposit.

**Parent Forum**



**Christian Life of the School**

An exciting opportunity to hear about the Christian Life of the school and about what opportunities your child has here at Trinity.

If you have any questions or would like to hear more please do attend the parent forum at the secondary site 20<sup>th</sup> May 2:15-3:15.

God of the Trinity Secondary School, may our lessons light our learning and progress  
 May we love our neighbours as ourselves,  
 May we have courage to live good lives,  
 So that we are outstanding Trinitarians.  
 Amen

**Zoom-in: a closer look at science** at the British Museum. As part of **British Science Week** join the scientist and conservators at the British Museum as they come out from behind the scenes for this annual event that offers a chance to take a closer look at science and conservation in the Museum. Learn about the different techniques that are used to monitor and preserve these collections, handle different kinds of raw materials and see the latest behind-the-scenes technology in action.



This is a free drop in event for all ages.  
Saturday 14<sup>th</sup> March from 10am to 4pm.

<https://www.britishmuseum.org/events/zoom-closer-look-science>

Explore **Medicine: The Wellcome Galleries** at the **Science Museum**. Featuring three thousand objects and covering an area equivalent to 1,500 hospital beds, Medicine: The Wellcome Galleries explore our relationship with medicine and health through more than 500 years of history. With five vast and visually stunning galleries containing more than 3,000 medical artefacts, striking artworks, interactive games and immersive experiences, these galleries bring the history of medicine to life.



Free exhibition, open daily.

<https://www.sciencemuseum.org.uk/see-and-do/medicine-wellcome-galleries>

Go back in History at the **London Mithraeum**. The remains of the Temple of Mithras have been restored to capture the mystery and intrigue of the Roman cult of Mithras. **London Mithraeum Bloomberg SPACE** returns the temple to the location of its discovery in the City of London. Descend seven metres below modern street level to explore the ancient temple through an immersive experience. See the bustling world of Roman Londinium brought to life, as the stories of the City's first Londoners are unlocked. Discover a remarkable selection of Roman artefacts found during the excavations, alongside a series of contemporary art commissions responding to one of the UK's most significant archaeological sites.



Free exhibition but booking is required. Open Saturdays 10am to 6pm and Sundays 12pm to 5pm.

<https://www.londonmithraeum.com/temple-of-mithras/>

Join the **St Patrick's Day Festival** in **Trafalgar Square**. Now in its 18th year, the Mayor of London's St. Patrick's festival is the largest celebration of Irish culture and community in London. The Festival culminates on Sunday 15<sup>th</sup> March in the annual parade which attracts more than 50,000 people for a colourful procession of Irish marching bands from the UK, US and Ireland, dance troupes and pageantry, including the Garda band from Dublin and the return of the popular Giant St Patrick. It starts at Hyde Park Corner, then travels through Piccadilly, St James's Street, Pall Mall, Cockspur Street and Whitehall.



Sunday 15<sup>th</sup> March, 12pm to 6pm, Trafalgar Square.

<https://www.london.gov.uk/events/2020-03-15/london-st-patricks-festival-2020>

**COVID-19** The UK and London are open for visitors. London attractions remain open, there are no closures on the public transport network and you can still attend big events.

# How to avoid catching or spreading coronavirus

## Do

- ✓ wash your hands with soap and water often – do this for at least 20 seconds
- ✓ always wash your hands when you get home or into work
- ✓ use hand sanitiser gel if soap and water are not available
- ✓ cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- ✓ put used tissues in the bin immediately and wash your hands afterwards
- ✓ try to avoid close contact with people who are unwell

## Don't

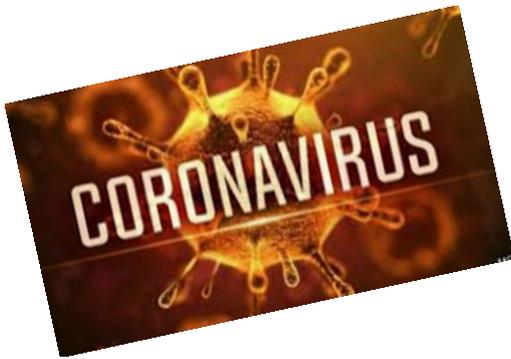
- ✗ do not touch your eyes, nose or mouth if your hands are not clean

### Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

➔ [Use the 111 coronavirus service](#)

Only call 111 if you cannot get help online.



## Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

- a high temperature
- a new, continuous cough

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Read our [advice about staying at home](#).

### Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

➔ [Use the 111 coronavirus service](#)

Only call 111 if you cannot get help online.

## Wash Your Hands



1. Wet hands



2. Soap



3. Wash for 20 seconds



4. Rinse



5. Dry



6. turn off water with paper towel



## CONGRATULATIONS Y11

Congratulations to the Year 11 GCSE PE students who did a fantastic job on their PE moderation on Thursday 12<sup>th</sup> March. Trinity had been selected to show students in Netball, Trampoline and Rock Climbing. We started in the morning at Sedgemoor school where students performed in a very intense netball session, showing 45 minutes of drills at a fast pace, followed by a game against Sedgemoor where they won 9-2. All students did a great job, and were positively shattered on the mini-bus back to school. After this followed a Trampoline session at Trinity. All four girls being moderation did a brilliant job at displaying their trampoline skills in what can only be described as a very tense and nerve racking environment. Despite nerves being high, the girls overcame their fears and managed to shine. Big shout out to Ruby Allen who performed a strong front drop despite weeks of agonizing over this particular skill. The moderator has taken home their rock climbing videos to watch and written coursework. I am very proud of the commitment that the yr11 GCSE students have made in the build up to this moderation and they should feel proud and relieved that 40% of the course is done. Now time to dig deep and secure and improve their knowledge in the theory for Paper 1 and Paper 2 in May. A big thank you and well done from Mrs Dunne



All GCSE students mid netball drill



Ashie demonstrating a 'food' jam in rock climbing



Reeanna Anderson – mid back somersault





As we come towards the exciting time of the year when Yr. 8 start to think about which subjects they would like to study at GCSE level, I thought it would be a good time to share with parents some information around our Trinity curriculum.

Our curriculum seeks to mirror our school vision for education –“Live Life in all its Fullness”. At Trinity we believe that delivering powerful knowledge is how we are fully inclusive for all our pupils who are from all backgrounds and are of all abilities. We judge the progress of students on how much knowledge they have retained over time and the ability to apply this knowledge in different contexts. This is underpinned by our termly knowledge organisers for each subject and our teaching & learning strategy which puts the development of knowledge & understanding at its heart, coupled with high quality modelling, questioning & feedback from teachers based on their subject expertise.

In the Primary Phase, the full breadth of the statutory subjects from the national curriculum is offered from Year One to Year Six. Pupils then can study up to 15 subjects in Years 7 & 8 before they choose their GCSE options These include Mathematics, English, Science and Religious Education and then a selection of Humanities & creative subjects: including Drama, Music, 2 different Languages, Food Technology, Art & Technical Engineering.

Whilst choosing GCSEs all pupils continue with Mathematics, English Language and Literature, Science and Religious Studies as compulsory subjects and then choose from a wide range of subjects including some that will be new to them – for example GCSE Citizenship, Business & Enterprise and Statistics. All pupils follow our PHSE course which is delivered discretely in Family Group Time and through the taught curriculum. This is then enhanced by the rich and varied wider curriculum which includes educational trips, residential experiences, visits in school from outside speakers & a range of additional activities outside the classroom e.g. Master-classes in Maths & Science. Through our Personal Development Days, Trinity Character Charter, RSE and careers programmes, pupils are encouraged to develop themselves as independent, confident and healthy members of wider society.

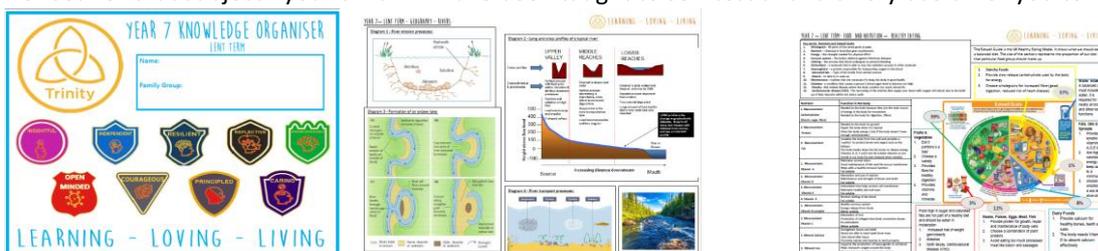
The overarching theme in our schools’ curriculum intent is based on the acquisition of the best knowledge that has been shared. Each Subject Leader has carefully selected & sequenced their curriculum from Reception through to Year 11, deciding on the appropriate level of challenge linked to structured programmes of study which are ambitious in their coverage and content.

We review our curriculum model and option subjects annually & at the heart of Key Stage 4 is the EBacc which a large majority of pupils are expected to study, reflecting the significance Trinity places on a broad range of subjects being the gateway to successful Post-16 education and training pathways. Recently the breadth and range of the Post 16 courses that pupils have gone onto study has widened considerably as has the number and variety of types of provision that pupils choose to continue their studies at. We have seen an incremental increase in the number of pupils achieving scholarships & bursaries to independent schools whilst numbers of pupils taking up Grammar school 6<sup>th</sup> form places continues to rise.

We are always asked by parents - “What can I do to help & support my child?”.

In the primary phase, reading to and with your child is the very highest priority. Through decoding and understanding different stories and texts, a world of opportunity and learning is opened. We also have six optional tasks set as home learning each half term, which are creative activities to complete with your child around their half termly topic. These activities are designed to build discussion around learning at school and develop episodic memories which also feeds into our ethos on personal development.

From Years 7 – 11 each pupil receives a termly Knowledge Organiser book which contains the knowledge that needs to be memorised for that subject - your child will have been taught to self-test and it is very useful for you to help them with this.



At Trinity the teaching of reading and the importance attached to the use of text-based materials and resources means that pupils are encouraged to read widely and often, in order to cultivate a confidence and enjoyment in reading. Please do continue to do all you can to make your child is a reader, this makes a substantive and measurable difference to their performance at school in addition to being a life-enhancing activity. The biggest support is installing the value of knowledge in your child and explaining the importance of an education.

*Rhona McLaughlin Deputy Head Secondary & Darren Janes Head of School Primary.*



# Handwashing

## at Home, at Play, and Out and About

Germs are everywhere! They can get onto your hands and items you touch throughout the day. Washing hands at key times with soap and water is one of the most important steps you can take to get rid of germs and avoid spreading germs to those around you.

### How can washing your hands keep you healthy?

Germs can get into the body through our eyes, nose, and mouth and make us sick. Handwashing with soap removes germs from hands and helps prevent sickness. Studies have shown that handwashing can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.

### Handwashing helps prevent infections for these reasons:



People often touch their eyes, nose, and mouth without realizing it, introducing germs into their bodies.



Germs from unwashed hands may get into foods and drinks when people prepare or consume them. Germs can grow in some types of foods or drinks and make people sick.



Germs from unwashed hands can be transferred to other objects, such as door knobs, tables, or toys, and then transferred to another person's hands.



### What is the right way to wash your hands?

1. Wet your hands with clean running water (warm or cold) and apply soap.
2. Lather your hands by rubbing them together with the soap.
3. Scrub all surfaces of your hands, including the palms, backs, fingers, between your fingers, and under your nails. Keep scrubbing for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song twice.
4. Rinse your hands under clean, running water.
5. Dry your hands using a clean towel or air dry them.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases

## When should you wash your hands?

Handwashing at any time of the day can help get rid of germs, but there are key times when it's most important to wash your hands.

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick
- Before and after treating a cut or wound
- After using the bathroom, changing diapers, or cleaning up a child who has used the bathroom
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal food or treats, animal cages, or animal feces (poop)
- After touching garbage
- If your hands are visibly dirty or greasy

## What type of soap should you use?



You can use bar soap or liquid soap to wash your hands. Many public places provide liquid soap because it's easier and cleaner to share with others. Studies have not found any added health benefit from using soaps containing antibacterial ingredients when compared with plain soap. Both are equally effective in getting rid of germs. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

## How does handwashing help fight antibiotic resistance?

Antibiotic resistance occurs when bacteria resist the effects of an antibiotic – that is, germs are not killed and they continue to grow. Sicknesses caused by antibiotic-resistant bacteria can be harder to treat. Simply using antibiotics creates resistance, so avoiding infections in the first place reduces the amount of antibiotics that have to be used and reduces the likelihood that resistance will develop during treatment. Handwashing helps prevent many sicknesses, meaning less use of antibiotics.

Studies have shown that handwashing can prevent

**1 in 3**

diarrhea-related sicknesses and

**1 in 5**

respiratory infections, such as a cold or the flu.

For more information and a video demonstration of how to wash your hands, visit the CDC handwashing website:

[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

## Did you know..... Top 10 Dirtiest Things you Touch Every Day

- Money
- Light Switch
- Computer keyboard
- Mobile Phone
- Toilet Seat
- Shopping Trolley
- Remote Control
- Bathtub
- Kitchen Sink
- Kitchen sponge/cloth