

Date :

Trinity All Through School

Website : Trinitylewisham.org

WEEKLY NEWSLETTER

Primary Phase

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Secondary Phase

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Dear Trinitarians

What a fabulous week. Our year 6 pupils have been at their residential and from my discussions and the blog it is clear to see that they had an amazing time making a huge amount of memories. I am sure we all cannot wait to hear about their adventures over the next few days. They have explored all Land and Wave has to offer at Swanage – living life to the full. Surfing, canoeing, rafting, water assault course, archery, and forest survival – to name but a few of the activities crammed into the week away. An amazing experience for all – but we did miss them.

Other news across the school saw the secondary site open up its doors through open mornings and evening – we have now had over 500 families look around our school. We are extremely proud of all our pupils as through all the many people walking through they have remained focused and determined to progress in their studies. On top of this we have had groups of year 11 out canoeing and orienteering as they build up their different sport experiences to gain their Sports Studies qualification.

As we saw the autumn season definitely hit us this week can I remind families to insist on wearing the full school uniform and to include a coat – it was very cold a few times this week as well as being very wet. As it gets colder it is important that pupils are wearing their jumpers in school and for secondary their blazer with a jumper if they get cold. A coat for outside is important as well.

Have a fantastic weekend.

DAVID LUCAS

Executive Headteacher

Trinity Church of England School, Lewisham

An All-Through School

020 88523191

www.trinitylewisham.org



LEARNING - LOVING - LIVING



HALF TERM

Primary

&

Secondary

Normal closure times

**SCHOOLS
RE-OPEN**

Monday 28th October
2019

PRIMARY

Open Classroom Event

Wednesday 9th October

Time : 09h00

Primary Phase



Dear Trinity families,

A big thank you to everyone who attended our Reception phonics 'drop-in' today. It was lovely seeing families learning and reading together. Miss Adams, our phonics lead, will be running a phonics workshop for Year One parents soon.

On Wednesday, PAFT held their AGM. It was exciting learning how much money we have raised as a community to benefit our school. Keep your eyes peeled on the newsletter to see exactly how much was raised, how we plan to spend the money and how you can help raise even more next year!

It was fantastic seeing our Year Six pupils arrive home safe and sound from their residential at Land and Wave. Mr Weddell gave us regular updates here at school and the pupils had an amazing time. I know they will remember their trip forever. Check out the blog to see what they got up to.

Next week we have some exciting events. Year Five are particularly looking forward to their trip to the Houses of Parliament on Monday and Year Two will be visiting Pudding Lane on a 'history walk'.

On Wednesday, we have our first Open Classroom evening of the year. A reminder to everyone to hand in your slip to indicate which timeslot you will be attending so that we know numbers. It is an important time to see the learning your child has already completed, to meet your child's teacher and to see their classrooms. I look forward to seeing you all there. We will be holding 'one to one' style parent evenings in February.

As ever, I wish you the very best of weekends, full of rest and fun, ready for learning on Monday.

Head of School, Primary Phase
Trinity all Through School



YEAR 6 TAKE ON LAND AND WAVE, SWANAGE

What a fantastic week of making memories and cementing friendships. Land and Wave will be remembered forever!

<https://trinityprimarylewisham.blogspot.com/2019/09/year-6-take-on-land-and-wave-swanage.html>

RECEPTION PHONICS DROP-IN

A big thank you to all families who attended our Early Years phonics drop-in.

<https://trinityprimarylewisham.blogspot.com/2019/10/reception-phonics-open-classroom.html>

HOW STRONG IS KITCHEN ROLL?!

Ever wondered how strong kitchen roll actually is? Then you need to speak to our Year Two scientists, who used fair testing to find out!

<https://trinityprimarylewisham.blogspot.com/2019/10/working-scientifically-in-year-21.html>



This week at Trinity at both the primary and secondary site we had Andy Laws leading our worship, where he captivated all our students with stories of courage from the Bible.



In our worship times we have looked this week at trusting in God and how that takes courage, to trust that God will be there to guide us and support us in times of need.

One of the verses we focused on this week is 'I am the Lord your God, who holds your right hand. And I tell you, 'Don't be afraid! I will help you.' Isaiah 41:10-13

Harvest festival:

Reception/Y1/Yr2/Y3 = Harvest festival service Monday 14th at 9:15am at St. Swithun's

Yr4/Yr5/Yr6 = Harvest festival service Monday 14th at 9:45am at St. Swithun's

Each year we ask the children to bring a donation for a local charity. This year we will be supporting AFRIL (Action for refugees in Lewisham). We look forward to seeing you all there.

At the secondary site our donations will be blessed in our whole school worship Monday 14th, all family groups have been asked to start bringing in donations to help fill their family group box.



Items needed:

- Tinned tomatoes
- Pasta
- Cooking oil

All donations are welcome but in particular 'Helping Hands Food bank' is in need of items listed above.



Black History Month 2019

This October the Museum of London and Museum of London Docklands will be marking Black History Month with a series of talks exploring the history of Black culture in London.



For adults and families – free drop in, no booking required. Check website for full calendar of events:

<https://www.museumoflondon.org.uk/museum-london>



Free drop in event, no booking required. Sat – Sun
10:30am - 5pm.

Visit website to see timetable of events -
<http://catfordarts.org/catford-arts-trail>



Get a feel for how scientists work by having a go yourself at the Natural History Museum's Investigate Centre. Come and explore hundreds of real nature specimens that form the evidence Museum scientists use in their work.

Help celebrate creativity in Catford and join the last weekend of the Catford Arts Trail and Open House Event. This is a free event where local artists and makers will be showing their work in various homes and public spaces in SE6.



Visit website to see timetable of events - <http://catfordarts.org/catford-arts-trail>

Marvel at a monstrous display of pre-historic wonders this weekend, as German photographer Christian Voigt's exhibition *Evolution* debuts at the Bel-Air Fine Arts gallery in Mayfair. This unique body of work presents hyper-real photography of dinosaur fossils. Voigt is the first artist to have been granted intimate access to the skeletons, housed at London's National History Museum.

Location: Bel-Air Fine Art London, 105 New Bond Street, Mayfair, W1S1DN. **Closest Station:** Bond

This weekend till October 20th – 10am - 7pm / Sun 12pm – 6pm.



BLACK HISTORY MONTH — FREE THINGS TO DO AROUND LEWISHAM

Tracing black and British ancestry

Hear African Caribbean genealogy expert Paul Crooks share his top tips for tracing your family history. To book, email info@paulcrooksuk.com.

Recurs	Starts	Ends
	19/10/2019 10:30:00	19/10/2019 12:30:00

Availability	Cost
	Free

Venue

Lewisham Library,
199–201 Lewisham High
Street,
SE13 6LG.

The history of West African music

Journey through the history of West African music with this informative exhibition which will be up for the month of October.

Recurs	Starts	Ends
	04/10/2019 09:00:00	02/11/2019 17:00:00

Availability	Cost
	Free

Venue

Crofton Park Community
Library,
375 Brockley Road,
SE4 2AG.

African singing and crafts for under-5s

Join us for a session of African songs, harmonies and craft lead by a small group of enthusiastic young parents in love with music.

Recurs	Starts	Ends
	10/10/2019 10:00:00	10/10/2019 10:45:00

Availability	Cost
	Free, donations welcome

Venue

Crofton Park Community
Library,
375 Brockley Road,
SE4 2AG.

Peace of cake

Celebrate diversity with tea, cake and conversation – bring along a cake from your culture if you can

Recurs	Starts	Ends
	10/10/2019 10:30:00	10/10/2019 12:00:00

Availability	Cost
Register using the link below	Free

Venue

Deptford Lounge,
9 Giffin Street,
SE8 4RJ.

Memories in movement

Come and watch a dance performance by African and Caribbean elders based on movements they remember from work.

Recurs	Starts	Ends
	03/10/2019 14:00:00	03/10/2019 16:00:00

Availability	Cost
To book contact IRIE! dance theatre on 020 8691 6099 or by email at info@iriedancetheatre.org .	Free

Venue

The Moonshot Centre,
Angus Street,
SE14 6LU

Family film screenings

Bring the family along for black history-themed film screenings.

Recurs	Starts	Ends
Saturdays	05/10/2019 14:30:00	26/10/2019 17:00:00

Availability	Cost
	Free

Venue

Deptford Lounge,
9 Giffin Street,
SE8 4RJ.

OPEN EVENING AT SECONDARY

Trinity's Open Evening was held on Thursday 3rd October. By opening time a crowd had gathered outside bracing the late afternoon cold air. We were both overwhelmed and joyful that we had such a huge turnout of prospective parents interested in what Trinity can offer their children. Our pupil tour guides lined the atrium eager to 'show off' their school whilst in the classrooms pupils and teachers alike awaited the arrival of the prospective parents and children. Everyone was eager and full of enthusiasm to showcase their work, demonstrate their abilities, and chat about their life within the Trinity family. The Art rooms were abuzz with card crafting, tool making and painting. Down the corridor the delightful smells emanating from Mrs Blunden's Food Tech class made your mouth water (and your tummy rumble). Parents and visiting children were offered samples of food prepared and freshly baked. It was so popular the pupils spent the entire evening rustling up more and more food to satisfy everyone. Science pupils were dissecting hearts and performing experiments bursting with enthusiasm to explain what they were doing. Our English and Language classrooms proudly displayed work done by our pupils and led parents through the curriculum. Drama were eagerly awaiting visitors to perform a short showcase. For those interested in Sports a trampoline display was taking place to the sounds of gentle flute music drifting down the Atrium. Thanks go to Ms Di Ricci and pupil Kate Lindsey for stepping in at the last minute to serenade everyone. Our wonderful Head of Music, Mrs Lowe had had an emergency but as they say 'the show must go on'. Trinity is a caring family and teachers and pupils alike are all proud of their school. We hope that our visiting parents and children sensed the atmosphere which was alive and abuzz with so much energy and enthusiasm.



Mr David Lucas, Trinity's Executive Headteacher addressed everyone explaining the ethos of Trinity, the compassion and dedication of his fellow staff, all who work tirelessly and enthusiastically alongside him.

He explained the educational journey that all pupils will take at Trinity and the wonderful opportunities that lay ahead for them.

Two of our new Year 7's Diego and Tahlia gave an overview on their transition experience to Trinity. Diego gave a moving speech. Taking the podium he greeted the audience in his home language of Spanish before continuing in impeccable English. He arrived in the UK 2 years ago unable to speak English. Well done Diego. Diego was followed by another Year 7 Tahlia who equally addressed everyone with confidence, sharing her transition to Trinity. Both said they felt so welcomed and that everyone was so caring and helpful.



Some of Trinity's pupils who volunteered to be tour guides and 'show off' their school



Demonstrating fine art skills and creative ability.

Working on projects and displaying the quality of their work.



Students selected a floral design they liked and used carbon paper to transfer the design onto small squares. Visitors then had the opportunity to add colour to these designs. We then stuck them onto folded card to make greetings cards.

CANDIDATES FOR YOUNG MAYOR 2019-2020

Trinity has two pupils running for Young Mayor. Read their introductions and give them your support and encouragement.

Pupils throughout the borough will be voting shortly. For all candidates visit :

<https://www.lewisham.gov.uk/youngmayorcandidates>

Ashley Hewson

Hi, my name is Ashley Hewson and I am running for the young mayor of Lewisham.

If I were to become the young mayor, I would promote the LGBT+ community because I strongly believe that no-one should hide who they are to please others. They deserve to be able to speak freely without being criticised or bullied. For years and years people have been punished for their sexuality and that needs to stop! Whether you are straight or part of the LGBT society, we all live in one world and we should all be treated the same, REGARDLESS!



- How would you feel if the tables were turned and you were put down for being straight?
- How would you feel if every day you were looked down upon for being yourself?
- How would you like it if you were dehumanised for expressing your emotions?

Day after day, week after week, this is what people go through. Now I want you to imagine if your life was like this and how you would feel about it.

These innocent people are aching for a change to be made and I can do that with your help if you vote for me, Ashley Hewson, on 16 October 2019.

Zack Boyd-Prowse

I would envisage the youth volunteering during the half-term break. The intention would be for children to volunteer e.g. to pick up rubbish or remove/paint over graffiti. This would save both the environment and money. Money saved could be spent on rewarding volunteers, thus keeping them motivated, for example by offering them day trips to various activities. This could help with preventing them from committing crimes as they will now have something to do in half-term with incentives.

I would also like to see a competition for young people's business ideas, with grants for those that are most popular.

This leads to my campaign slogan, 'No one is perfect, everyone is different.'

Goodbye.



LONDON – West End : Drama students night out

KS4 Trinity Drama students went on a trip to The West End of London on Wednesday night. They watched a hard hitting play called 'Appropriate'. This play covers controversial themes such as racism, xenophobia and child abuse. The students responded with maturity. They conducted themselves in a manner befitting Trinitarians. It was a delight to hear the lively debates between the students about the controversial themes that were explored as we made our way back to school. The students are to be complimented for their attitude, behaviour and mature approach.

Well done Trinity



YEAR 10 STUDENT REPORTER – TOMMY MELLUISH

This is the pupil report, a weekly section of the newsletter where you can gain some insight into the life of a Trinity student. This week, I'll be getting reactions from a range of Trinitarians on events that have occurred at Trinity.

Firstly, I asked 4 pupils in years 7,8,9 and 10 (1 from each year) about the flexi day last Friday where they learnt about Climate Change, effects it's having on the world, and what we can do to reduce our carbon footprint. My first question to them all was, "What did you think about your flexi day, learning about climate change". One response to this was, "I really enjoyed it. My parents regularly participate in climate change protests and educate me on it so it was quite fun being able to show off my knowledge to everyone!" My next question was, "What effects does climate change have on the world". A response I received was, "Climate change is having serious impacts on the world's water systems through more flooding and droughts. Warmer air can hold a higher water content, which makes rainfall patterns more extreme. My final question to them on this topic was, "What can you do to reduce your carbon footprint" One response I received was, "I do take the bus to school very often so I will start walking to school so less greenhouse gases are emitted into the air".

I then asked a Year 11 pupil what they thought of the English Language paper we completed on Flexi day, his response rather bluntly was, "Even though we had the test annotated for us, that was really hard, I underestimated how hard that was gonna be!" I then asked the pupil what they thought of the Maths test and this was their response, "For a maths test, it wasn't that bad, but it's a maths test and they're always hard to some extent so I'm hoping for the best."

This week, students participating in the OCR Sport Studies course in Year 11 went to Peckham Rye to plan an orienteering course. Orienteering is a sport in which participants find their way to various checkpoints across rough country with the aid of a map and compass, the winner being the one with the lowest time. I asked a couple of pupils who went on this day out what they thought of orienteering. The response was, "Orienteering may be useful for the future and it was fun but it leaves you feeling really tired afterwards." Next week, we will be returning to Peckham Rye to complete an orienteering course planned by another group : I'm sure the pupil I interviewed will be looking forward to it!

Starting from next Thursday, Year 11 will be sitting an exam every Thursday up until the November PPEs which start on the 1st of November and end on the 8th of November. These exams may be continued after the November PPEs dependent on the PPE results, if there is a clear improvement in the grades from our end of Year 10 results. I have been taking note of a range of reactions once the news had broke out, some responses were negative with pupils annoyed at the idea of having to spend long periods of time after school to complete exams. While I do understand these complaints, the more exam practice we can get the better and I personally am thankful to the teachers who are providing us with the opportunity to get more and more exam practice because it can only benefit us in the long term.

Thank you for reading the pupil report and be sure to read next week's edition.

Written by Tommy
Year 11



WORLD MENTAL HEALTH DAY

OCTOBER 10

World mental health day is observed on the 10th October every year, with the overview objective of raising awareness of mental health issues around the world and mobilising efforts in support of mental health.

The day will provide an additional opportunity to give focus to mental health and what more needs to be done to make mental health care a reality for the staff and pupils at Trinity.

We take mental health and mental health issues seriously at Trinity. We continuously endeavour to ensure that both staff, pupils and their families have access to the help and support they need.

We now have a number of staff members who are trained as mental health first aiders, along with a trained counsellor who uses an integrative approach.

Drop in counselling sessions are on offer to all students at lunch times throughout the week and this has now increased to morning sessions as well.

Trinity has also invested in drama therapy, where sessions are held with groups and individuals on a weekly basis.

Throughout the year mental health has been the topic of the Trinity voice team, as well as being addressed in whole school workshops, personal development days and through guest speakers. We are also signed up to an education for wellbeing programme entitled the Aware Project that will enable our year 9 pupils to take part in evaluations and lessons designed to support their mental health and well-being.

Trinity works closely with outside agencies including CAMHS and Lewisham's Early Help team.

This great work will continue and even more time has been dedicated to the health of Trinitarians in the form of PPE issues and extra drop in counselling sessions.






At Trinity we acknowledge that self-care is important and the intention is that its community get the most from life in all its fullness. In the following weeks a blog will cover various topics concerning mental and emotional wellbeing, as well as publishing several practical ways of how to look after our mental health. Look out for more information on the up and coming AWARE Project.

It is Trinity's aim to support the wellbeing of all its pupils and their family. Please keep an eye out for further publications and if you have any questions or concerns please do not hesitate to contact the school.

How are you ?

sad? stressed? anxious?
worried? hopeless? angry?
tearful? overwhelmed?
want help?


Your Mental Health First Aiders are

 Mr Griffiths Lead on Mental Health	 Ms Lewis	 Ms Simpson	 Ms Noel	 Ms Diller
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There are plenty of different types of support out there, and a Mental Health First Aider can help you access the support you need to feel better.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a mental health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

If you have any questions about Mental Health First Aid at please contact any.one.of.the.staff.members.above.

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