

Trinity All Through School

Website : Trinitylewisham.org

WEEKLY NEWSLETTER

Primary Phase

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Secondary Phase

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Dear Trinitarians

A huge thank you to all the parents that came to the open classroom at the Primary Site this Wednesday. It was extremely well attended and all those I spoke to were extremely positive about the start of term. It was a great opportunity to show parents what was happening at school and to explain our curriculum. Along with this we had specific events for parents in Reception to share our phonics learning activities. Our relationships with our families are vital, the more we work together the more our children will achieve. Thank you for all your continued support.

Our year 10 pupils went today to a careers fair at Olympia, the event is called 'What Career Live?' And 'What University Live?' This event had everything from apprenticeships to university life. Our pupils met face-to-face with potential employers and universities and were able to put questions to leading career experts. It was a really positive event, with lots of ideas for our pupils to consider. This week Year 10 also had an employability day at school. They were instructed to dress up in business attire and be interviewed by key business representatives from the city. Many received certificates at the end of the day due to their amazing communication throughout the process. Not long now until they go out to do 2 weeks of work experience!

As part of Black History Month we are celebrating those who have travelled from abroad to make Britain their new home. Many of us in the school community are from families who migrated here, whether it is from the Americas, the Caribbean, Africa or Europe. We are currently getting pupils across the secondary phase to tell their family stories, to bring home interviews of what has been experienced in this part of London. Already many pupils have brought in photographs and other items to help explain the stories of the past, celebrating where we are today. Please do encourage discussions about family history at home.

Have a great week. Take care and remember to make lots of memories.

DAVID LUCAS

Executive Headteacher

Trinity Church of England School, Lewisham

An All-Through School

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www.trinitylewisham.org



LEARNING - LOVING - LIVING

Upcoming Parent Evenings

PRIMARY PHASE

Harvest Festival Service
at St Swithun's
Monday 14th October 2019

SECONDARY PHASE

Harvest Festival week
Remember to bring your
donations to put in the collection
box in family group. (No
perishables please)

HALF TERM

Normal closure time
Friday 18th October 2019
Primary
& Secondary sites

Back to School
Monday 28th October 2019



See page 4

PRIMARY PHASE



Dear Trinity families,

It was fantastic seeing so many parents attend our Parents' Open Classrooms on Wednesday this week. I hope you enjoyed looking through your child's learning and find our curriculum hand-outs useful. It is so important that we work together to ensure our pupils become the very best they can be.

There have been some incredible class trips this week. Our Year Five pupils got to see democracy in action whilst visiting the Houses of Parliament as part of their 'Fight for Your Rights' topic. Our Year Two pupils also had lots of fun participating in a Great Fire of London walk. A big thank you to the staff and parents who attended and ensured these trips were possible. Check out the blog to see pictures of the trips.

Next week we have some exciting events to look forward to. On Monday, we have our Harvest Festivals at St. Swithun's Church. Please come along to see our pupils perform. You will have received a text message outlining what goods the pupils can bring along to give to those less fortunate. See Chaplain's corner for more details on timings.

You will also have received a text to say which day your child's home learning exhibitions will be taking place. We cannot wait to see all of the extra learning that has taken place at home over this half term.

As ever, I wish you the very best of weekends, full of rest and fun, ready for learning on Monday.



Head of School, Primary Phase
Trinity all Through School

PARENT OPEN CLASSROOM

It was wonderful to open up our classrooms once again for our annual Open Classroom Evening.

<https://trinityprimarylewisham.blogspot.com/2019/10/parent-open-classroom.html>



ORDER! YEAR 5 GO TO THE HOUSES OF PARLIAMENT

This week, Year 5 visited the Houses of Parliament as part of our 'Fight for your rights' topic.

<https://trinityprimarylewisham.blogspot.com/2019/10/order-year-5-go-to-houses-of-parliament.html>



EXPLORING THE GREAT FIRE OF LONDON!

Year 2 had a fantastic time walking through the City of London with our guides and learning about the Great Fire of London.

<https://trinityprimarylewisham.blogspot.com/2019/10/exploring-great-fire-of-london.html>



CHAPLAIN'S CORNER By Reverend Juliet Evans

This week at the primary site Mother Juliet led an important collective worship on courage and harvest. All students were given a challenge to see if they could grow some seeds for our Harvest Service next Monday. I am looking forward to seeing what our Trinitarians have grown.



At the secondary site this week we focused on courage and mental health awareness week and the importance of supporting others and having the courage to speak out. Mr Gallears and his team prepared a really thought provoking worship based around the idea of loving all and having the courage to support others.

Our focus verse for this week reminds us of the importance of supporting and being there for others so they don't fall and if they do we are there to pick them up.

Proverbs 11:14 "Where there is no guidance, a person falls, but in an abundance of counselors there is safety."

Harvest festival:

- Reception/Y1/Yr2/Y3 = Harvest festival service Monday 14th at 9:15am at St. Swithun's
- Yr4/Yr5/Yr6 = Harvest festival service Monday 14th at 9:45am at St. Swithun's

Each year we ask the children to bring a donation for a local charity. This year we will be supporting AFRIL (Action for refugees in Lewisham). We look forward to seeing you all there.

At the secondary site our donations will be blessed in our whole school worship Monday 14th.



Items needed:

- Tinned tomatoes
- Pasta
- Cooking oil

All donations are welcome but in particular 'Helping Hands Food bank' is in need of items listed above.

God of the Trinity

May our lessons light our learning and progress

May we love our neighbours as ourselves,

May we have courage to live good lives,

So that we are outstanding Trinitarians.



Amen

What is bullying?

If somebody physically hurts you, or verbally abuses you, that's bullying.

Specific types of bullying include:

- **Homophobic bullying** based on your sexual orientation
- **Racist bullying** because of your skin colour
- **Religious bullying** because of your beliefs or faith.
- **Sizeist bullying** referring to your body size
- **Sexist bullying** focusing on you being of the opposite sex
- **Cyberbullying** targeting you online, often anonymously
- **Bullying because you are different**

Bullying can be a one-off or it can go on for a long time. And bullying can happen to anyone.

How bullying can affect you

Bullying can make you feel isolated and worthless, lonely, anxious, angry and lacking confidence. You may experience some or all of these feelings.

Some people who are being bullied develop depression, anxiety and eating problems. They may self-harm or turn to drugs and alcohol. If you are experiencing problems like these because of bullying, it's having an impact on your health. You need to talk to your GP, who will keep any information confidential.

Bullying in any form is hurtful and unacceptable and can make your life miserable.

Get help for bullying

Ignoring bullying won't make it go away. You need to tell someone about what is happening.

If the bullying is happening at school – talk to your parents or carers and your teacher. Your teacher may have no idea that you are being bullied, and the school will have an anti-bullying policy to tackle it.

If you feel you can't speak to your teacher, maybe a friend can do it for you. You can also speak to a school counsellor, welfare officer or nurse.

In extreme cases, if bullying is interfering with your education it may be possible for you to change schools if it doesn't stop once you have reported it.

If the bullying is happening outside school – talk to your parents or carers, close relatives such as grandparents, aunts and uncles, even your friends' parents. Youth workers and leaders may be able to help too.

If the bullying is happening online – tell a trusted adult – your parents or carers, or a teacher. You can report abusive posts on Facebook and other social media platforms. You can also report abuse to CEOP (Child Exploitation and Online Protection Centre).

Keep reporting the bullying until it stops. It may not stop the first time you tell your parents or teacher and they try to stop it. If the bullying continues, tell them again.

If you are a parent or carer of a child or young person who is being bullied, we can support you through our [Parents Helpline](#). We are here to listen to you, and give you free, confidential advice and information.

Don't put up with it. No one deserves to be bullied.

What is bullying?
How bullying can affect you
Get help for bullying

Bullying

Bullying affects over one million young people every year, and anyone can be bullied. Here's what you can do if you're being bullied.

1 million

young people are affected by bullying every week

Helplines and services available

YoungMinds Crisis Messenger

- Provides free, 24/7 crisis support across the UK if you are experiencing a mental health crisis.
- If you need urgent help text YM to 85258
- All texts are answered by trained volunteers, with support from experienced clinical supervisors
- Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.

childline

The Mix

- www.themix.org.uk
- If you're under 25 you can talk to The Mix for free on the phone, by email or on their webchat. You can also use their phone counselling service, or get more information on support services you might need.
- Freephone: 0808 808 4994 (13:00-23:00 daily)

- www.childline.org.uk
- If you're under 19 you can confidentially call, email or chat online about any problem big or small
- Freephone 24h helpline: 0800 1111
- Sign up for a [childline account](#) on the website to be able to message a counsellor anytime without using your email address
- Chat 1:1 with an [online advisor](#)

Are you a parent looking for support?

Read our parents' guide to spotting bullying, stopping it and supporting your child.

<https://youngminds.org.uk/find-help/feelings-and-symptoms/bullying/>

SAFEGUARDING NEWS

A group of year 7 pupils attended a focus group run by the organisation Childnet to discuss Childnet's current project deShame.

The project focuses on a child's use of the internet, social media and any apps that they may use on their devices.

Pupils were asked questions about the particular platforms they use, what they use them for, if they found them useful but also if they caused or had caused them distress in the past.

Trinity pupils are all aware of the key staff in the school that they can talk to if they find something on the above platforms which causes distress or upset and that anything of such nature should not be replied to but shown to an appropriate adult either in school or at home.

One thing that did come out of the focus group was the details of a rather distressing text message that is being sent around in the form of a chain letter and that if you do not pass the message on to a number of others something inappropriate may happen.

Growing up, you as parents may also have received chain letters that told you if you did not pass it on to others something unpleasant would happen, thankfully, we know that these were just immature practical jokes and nothing unpleasant ever happened but for some young people it can be quite frightening and intimidating. Please rest assured that we are always here to discuss anything of this nature and put their mind at rest.

I would encourage parents to always check their child's social media and please do inform the school if you need to discuss further.

Parents & Friends of Trinity – AGM

Thanks to everyone who came to the PAFT AGM on 2 October.

At the meeting we went over our accounts and planned some activities for this year. We are very pleased to announce that **we raised nearly £7,000 last year** from the fair, quiz night, bake sales and other activities.

Last year we spent £900 providing outdoor speakers for use on the Leahurst road playground and at sports day. We have pledged a further £4,000 to buy indoor climbing frames for use in PE at the Leahurst road site.

For a full report of accounts or if you would like to get involved in helping raise more for our school this year please email pافتtrinity@gmail.com.

PAFT TEAM NEED YOUR HELP : Any parent/s (Secondary or Primary) who are interested in joining the PAFT team please contact us – we are always looking for parents to help out at events or simply co-ordinate from home, design posters, bake cakes, source prizes. The tasks are endless and there is always something to do or organise.

Email the team : pافتtrinity@gmail.com.

Music Department Newsletter Items – 11th Oct

Musical Mastery in Year 7

Here at Trinity we are very lucky to be able to provide every year 7 with instrumental lessons on orchestral instruments as part of the curriculum, thanks to a successful funding bid from 'Restore the Music UK'.

We currently have 3 classes of mixed Strings, 1 class of Brass and 1 class of Woodwind. All pupils are having a fantastic time learning their instruments and are enthusiastically progressing through their notes.

We look forward to being able to combine them together to form a Year 7 Orchestra soon!

RESTORE THE MUSIC:UK



All-through school Concert Band

This year Trinity Concert Band has expanded to include pupils from Years 4 through to Year 11. A truly exemplary example of the awesome talent of all our pupils across both sites.

Any child who has played an instrument for a year is welcome to join us on a Tuesday at the Secondary site from 3:30-4:30pm.

Look out for their first performance at the Christmas Carol Concert in December!



SECONDARY NEWS & EVENTS

ENVISION EVENT

A new group of Year 10 Charity Apprentices had their launch event with Envision in Forest Hill Methodist Church this week. The 14 pupils chose to represent the charity 'Football Beyond Borders' after watching four different charities present. They met their mentors from The Department of Media, Culture and Sport who will work with them for the next three months on raising awareness and money for their chosen charity. Well done Year 10!



ROCK CLIMBING GCSE PE ASSESSMENTS



Eight students were selected to take part in Rock Climbing for their GCSE PE assessment. Ruby, Luke, Karl, Daniel, David, Sandra, Vera and Zoe all completed a 3 day course where they learnt the necessary skills. They all completed the assessment really well which included a 5a 5+ and a 6 course, abseiling and bouldering. Our instructor Graham said they were our best group yet! Well done!

ORIENTEERING – PE ASSESSMENTS

The PE department took the year 11 students who are studying OCR Sport Studies to Peckham Rye Park this week for their assessment. Students have been learning about outdoor activities and their provision in the UK. As part of their assessment students had to plan their own orienteering course and then complete one themselves. Students have learned how to read maps and coordinates, how to use a compass and navigate successfully in a place they've never been.



YOUNG MAYOR OF LEWISHAM

There are more than 30 young people across the borough who have applied to be the next Young Mayor of Lewisham. They are now hard on the campaign trail. We had the pleasure of welcoming several candidates to our school to lead our assemblies and present their manifestos. They were articulate, passionate and determined to demonstrate why they are the right candidates for the job. They are to be congratulated for their courage and sharing their thoughts and beliefs. Trinitarian's please don't forget to use your vote on the 16th October!



MACMILLAN COFFEE MORNING AT TRINITY



Trinity Staff took to the food tech kitchen to bake up a storm this week.

Mr Tarca, Miss Karpinnen and Mr Wynter were amongst some of the staff who were after the coveted crown of winning the best bake. They invaded the kitchen setting to work with some complex recipes. Other staff took to their own kitchens and the results were amazing.



WORLD'S BIGGEST
COFFEE
MORNING
MACMILLAN
CANCER SUPPORT



Each entry was given a letter of the alphabet to keep the 'creator' anonymous. Staff paid an entry to sample and judge (and enjoy) the vast array of cake, cookies and bread. Mrs Blunden totalled up the results and the winners were:

1st Place – 'D' a richly sumptuous salted caramel cheesecake backed by Mr Jones

2nd Place – 'B' a beautifully executed chocolate orange fudge cake baked by Miss Williams

3rd Place – 'A' an impressive chocolate zebra cake baked by Mr Tarca

Well done to the winners and everyone that participated.

All funds raised were in aid of MacMillan.

CHARACTER CORNER *by Fidelma Hanlon & Paul Morhen*

TROOPING THE COLOUR

Come and watch the iconic **Trooping the Colour** event this Saturday 12th October. Marking the Queen's official birthday, this annual event features hundreds of officers, horses and musicians from the Household Division in ceremonial uniform. In celebration of the Queen's 93rd birthday, the Red Arrows and various other aircraft will perform a spectacular flypast over Buckingham Palace. Grab a great view by standing along the parade route on The Mall or along the edge of St James's Park overlooking Horse Guards Parade (arrive early to secure a good spot). Events begin at around 10am while the flypast will take place at 1pm.



SCIENCE MUSEUM

View some extraordinary and breath-taking images of science in action at the Royal Photographic Society: Science photographer of The Year exhibition at the Science Museum. Bringing together science and art, this exhibition celebrates the wonders of the scientific world with everything from space to the human body. View the world through a scientific lens in a playful yet illuminating study of everyday materials from the structure of a soap bubble to the unexpected formations of face cream. This exhibition also sheds light on some more serious questions for which we often look to science for answers, with thought-provoking images exploring human health, environmental conservation and the protection of endangered wildlife.

Open this weekend to January 5th 2020. This is a free event but booking is required.

<https://www.sciencemuseum.org.uk/see-and-do>



BRICK LANE

Why not visit Brick Lane's famous Sunday Market in Shoreditch this weekend. The bustling and vibrant market is full of hundreds of colourful vintage and second hand stalls, live music, buskers, street art and delicious street food from around the world.

IMPERIAL WAR MUSEUM



Be immersed in the powerful new exhibition **Rebel Sounds** at Imperial War Museum London. Learn how groups and individuals used music to resist, revel and speak out against war and oppression and discover artists who have risked their lives in times of conflict for the music they love.



Event - <https://www.iwm.org.uk/events/rebel-sounds>



EXPLORE OUR WORLD

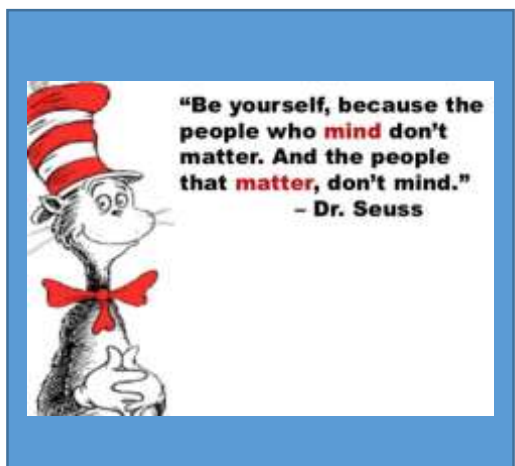
This is the pupil report, a weekly section of the newsletter where you can get some insight into the life of a Trinity pupil. This week I will be talking about Mental Health Awareness Week getting some thoughts from pupils about one of the most serious health related issues in the world today as well as talking about events that have occurred throughout the week at Trinity.

Firstly, this week was Mental Health awareness week. I personally suffer with mental health issues so this week is very important to me because it allows pupils and people around the world to understand what it is like to suffer with mental health and how we can help people that are suffering from mental health. I caught up with some pupils at the start of the week and those same students at the end of the week as a test to see how much they've learnt about mental health within a week. I asked the pupils what they thought about mental health and one pupil's change in opinion from the start of the week to the end was particularly interesting. At the start of the week, he said that mental health was a very minor issue, an issue that is overcomplicated and that people should just, "get over it". However by the end of the week the student completely changed his opinion on mental health saying that mental health is a really bad problem in the world today and fully supports all charities and groups fighting to help those with mental health. Hopefully this week was productive for pupils and now they know how to help and support a pupil suffering from the scenario.

In Trinity this week, Year 10s had employability day. I asked a few year 10s what they thought of the day and they said it was interesting seeing what subjects you need to get into certain jobs and what wages are like in various jobs. Hopefully all Year 10s found employability day productive and educational lesson for the future. Also this week, Year 11 OCR Sport Studies pupils went to Peckham Rye Park to complete an orienteering course which we planned last week. We swapped our clipboards which had our coordinates for each of our points which we hid around Peckham Rye Park and we had an hour to find all 6 points, stamp them and return to the meeting point. My group finished in 39 minutes. Overall, I enjoyed the day and hopefully everyone else enjoyed the trip too.

Thank you for reading the student report and be sure to read next week's edition.

Tommy (Year 11)



Employability Day



PRIMARY UPCOMING NEWS & EVENTS

Keep everyone connected

Would you like to be better informed about what's going on in your child's year group at Trinity?

Would you like to feel heard about any concerns you may have or ideas you'd like to share?

The school and Parents and Friends of Trinity (PAFT) are looking for class representatives to do exactly that!

We are looking for a parent/carer from every class.

Want to get involved?

As a Class Rep you will:

- help to make sure that parents/carers in your class are connected to what is going on in school and with PAFT.
- inform parents/carers in your class about upcoming events as well as pass on queries they may have related to class activities, homework, class trips and PAFT events.
- meet with other reps to discuss ideas and feedback.

Please email PAFT on pafttrinity@gmail.com for more info.

YOUNG EXPLORERS CLUB — HALF TERM PROGRAMME

October half term activities programme:

Monday 21st

Park and games

Tuesday 22nd

Bowling and games

Wednesday 23rd

Junk modelling competition, baking and park

Thursday 24th

Greenwich museum and park

Friday 25th

Movies and park

All outdoor activities will be subject to weather conditions, as always.

Arts and crafts and sewing/knitting activities will be set up daily with a member of staff. There will be Xbox, iPad, board games, indoor and outdoor sports, role play toys, small world activities, malleable/tactile play, film time and other constructive activities available.

