

Trinity All Through School

Website: Trinitylewisham.org

WEEKLY NEWSLETTER

Primary Phase

Leahurst Road, Hither Green, SE13 5HZ

Tel : 0208 325 4551



At Trinity pupils are facilitated to live "life in all its fullness". Personal development at Trinity is about developing people who can flourish in all areas of their lives. Our pupils are amazing and I feel so proud of them and our staff. Much of what we do for personal development is within our Character Education programme. It explores the 9 character attributes that we are developing throughout Trinity. How can we become more open minded, knowledgeable, insightful, caring, principled, resilient, reflective, courageous and independent? All pupils from year R to year 11 have a Trinity Charter booklet. The charter supports pupils in building their cultural capital, in recognising and developing the skill and attributes they already have and challenges them to think strategically about how they can enhance their education beyond the classroom. In year R and KS1 this is done primarily through the curriculum – exploring the world. At KS2 this is extended with independent work and the homework projects. KS3 and 4 it is through a range of experiences including the curriculum, personal development days, worship and independent work. Each week within this newsletter we also have the Character Corner – which gives ideas to you to further enhance pupil's exploration and experiences within our locality. Please do refer to this for ideas of different activities you can get involved in to broaden your children's experiences of the world around them. They are fun and exciting.

This week there has been a lot of exploration within the school. We have been exploring different materials in year 3, invading the Maritime Museum in year 4; exploring different career paths in year 8; developing the concept of development and globalisation in year 9 and preparing for exams in year 11.

Knowledge organisers are a key way pupils can extend their knowledge further. At KS3 and 4 these are taken home, and pupils should be spending quality time each night practicing retrieval of this knowledge. Just reading information over and over will only have a limited impact on long term memory. Practicing retrieving this information is key at helping us move the information further into our long term memory. Each Friday pupils are taught different ways of doing this, so do ask at home about this and watch them use these strategies to learn the information. Please also help by testing your son / daughter at home – open a page and get them to explain some of the facts on the page to you. Talking about the knowledge will help pupils make further connections in their head therefore further developing their long term memory.

This week pupils across year 7 – 11 have been given some further extended reading from the humanities subjects. No matter which subject pupils have picked you cannot separate the understanding of History from Geography and vice versa. This challenging reading pack looks at current issues from both History and Geography and engages pupils in understanding current academic thought. These will form discussions back within the classroom. In the current KS4 booklet the link between modern slavery and globalisation is being discussed to help pupils link geographical and historical thought together. Linking concepts across subjects helps to further make sense of the world. Please read these articles with your children – do discuss them as they do generate argument and debate.

Thank you once again for your support. Can I please remind you of the importance in pupils wearing the full school uniform across both sites. This is part of our identity and must be worn at school. Have an amazing week.

DAVID LUCAS

Executive Headteacher
Trinity Church of England School, Lewisham
An All-Through School
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Secondary Phase

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Upcoming Events

**SECONDARY
PARENTS EVENING
YEAR 10**

Wednesday
12th February
15h30 to 18h00

**PRIMARY
PARENTS EVENING**
All year groups

Wednesday
5th February
15h30 – 17h30

And
Thursday
6th February
15h30 – 18h30

HALF TERM

Monday 17th
February

to

Friday 21st
February

School re-opens

Monday 24th February

PRIMARY PHASE



Dear Trinity families,

We have some excellent community events occurring in the upcoming weeks. Next week, Mrs Downes and Ms Griffiths will be holding our first mental health drop-ins. Please attend if you can; mental health is such an important issue in modern society and we want our pupils and families as well prepared as possible.

Miss Stevenson, our Trinity Voice Lead, has also organised a fundraising event for pupils during lunchtime next Friday. Our pupil voice team have come up with a penalty shoot-out and keepy-uppy challenge – have a look at the posters later in the newsletter for more details. Trinity Voice are also keen to organise a similar event or five a-side football tournament involving families later on in the year. Stayed tuned for more information around that!

Please check your child's book bag today for a Parents' Evening slip for you to fill out your preferred time slot for our upcoming Parents' Evenings. This will be an opportunity to speak to your child's class teacher directly about how they are doing in class and socially so please make sure you are able to attend.

As ever, I wish you the very best of weekends, full of rest and fun, ready for learning on Monday.

Head of School, Primary Phase
Trinity all Through School



MARTIN LUTHER KING JR. DAY

On Wednesday, we had a special worship dedicated to the achievements of Martin Luther King to commemorate Martin Luther King Day.

<https://trinityprimarylewisham.blogspot.com/2020/01/martin-luther-king-jr-day.html>

TUDORS AT THE TOWER

Year Five had an amazing day visiting the Tower of London as part of their topic on the Tudor period.

<https://trinityprimarylewisham.blogspot.com/2020/01/tudors-at-tower.html>



TRINITY SHOOTS, TRINITY SCORES

For the last two weeks, children in KS2 have been competing against Schools across Lewisham in this year's Basketball competition!

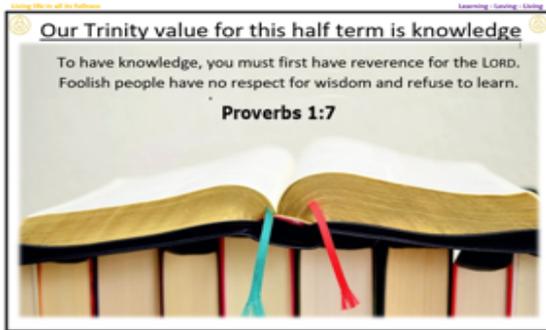
<https://trinityprimarylewisham.blogspot.com/2020/01/trinity-shoots-trinity-scores.html>



CHAPLAIN'S CORNER By Miss S Alder

This week we had Jeronne from Emmauel Church Lee, leading our worship, he focused on the importance of wisdom and why it is important to use our knowledge in the right way. As a school community we also looked at the importance of developing our knowledge of God, of our faith and of Jesus. We had our first Eucharistic minister training for staff and students this week led by Reverend Bridget Shepherd, it was so moving to hear the importance and significance of communion to those in our school community.

Our Trinity memory verse



Our first Eucharist training for students and staff



Our knowledge competition is now up and running at both sites, please do encourage your child to nominate someone who has shown wisdom and knowledge in the week.

Announcements:

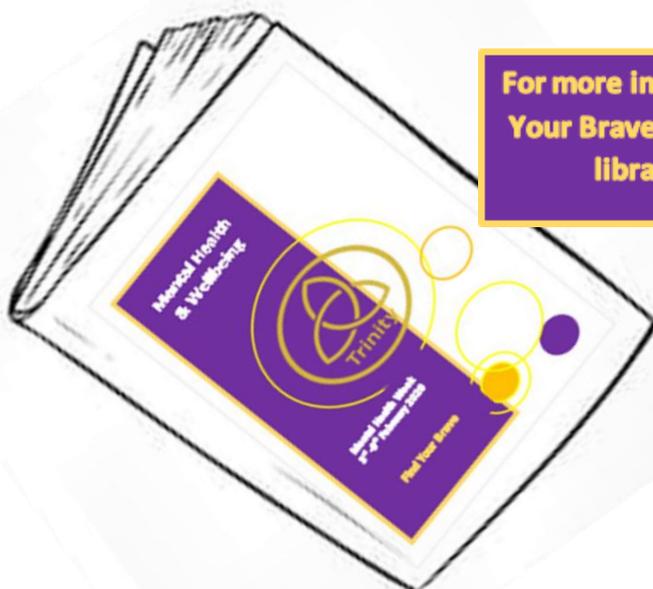
- Starting from February we will be launching the AFRIL foodbank project which will be run by AFRIL, the Trinity Faith Team and the Good Shepherd Church. Each year group will be given one item of food and asked to bring in as many of that item as possible within the month. Year 7 will be starting with tinned tomatoes in February. At Trinity we believe it is imperative our pupils are outwardly looking and help their local community by being courageous advocates and standing up and helping everyone they can.



- Parents prayer group will meet again this half term – if you would like to contribute to the prayer group please get in contact. I am also in the process of setting up a mailing list please do email me if you would like to be added
- If you have any questions or would like to be more involved in their prayer life of Trinity please email me on: s.alder@trinity.lewisham.sch.uk

God of the Trinity Secondary School May our lessons light our learning and progress
May we love our neighbours as ourselves,
May we have courage to live good lives,
So that we are outstanding Trinitarians.

Amen



For more information about Mental Health Week and 'Finding Your Brave' please pick up a booklet that can be found in the library, the inclusion office or at pupil reception

Celebrate the *Year of the Rat in* London, with the biggest *Chinese New Year* celebrations outside Asia on Sunday 26th. Every year, hundreds of thousands of people descend on the West End to enjoy a colourful parade, free stage performances and traditional Chinese food.



Chinese New Year activities take place in *Chinatown*, *Trafalgar Square* and across the *West End*. The parade kicks off at 10am, followed by entertainment in *Trafalgar Square* from 11am and activities at *West End zones* from 12pm.

Get your *Hands-on History* at the *Museum of London*.

Get hands-on with history on Saturday and get exploring with a team of volunteers, hold real museum objects and hear some incredible London stories.



This is a free drop-in event, stop by anytime between 2.30-4.30pm.

Head to family events at the *National Maritime Museum* this Saturday.

Visit *Character Encounters* and Join an exciting performance and journey bringing maritime history to life. Visit the Museum every Saturday to discover a different character from history with their own fascinating stories. <https://www.museumoflondon.org.uk/museum-london/whats-on>



Free family activity every Saturday at 12, 1pm, 2pm and 3pm. <https://www.rmg.co.uk/see-do/exhibitions-events/character-encounters>

Celebrate the *Chinese New Year* at the *National Maritime Museum* with colourful crafts and performances. Head to the Great Map to see traditional lion dances by Step-Out Arts and song and dance from the Guizhou Song and Dance Ensemble to truly celebrate the Year of the Rat.



Free, family activity from 11am - 4pm.

<https://www.rmg.co.uk/see-do/exhibitions-events/chinese-new-year-national-maritime-museum>

Volcanoes and Earthquakes Gallery at the Natural History Museum.



Through dramatic film footage, exhibits, interactive games and the famous earthquake simulator, explore how the powers within shape the world in which we live in the Volcanoes and Earthquakes gallery. Examine fossils from a time when all Earth's continents were joined, and the animals that evolved after the continents separated. See lava bombs, volcanic glass hair, and crystals created under intense pressure beneath Earth's surface.

<https://www.nhm.ac.uk/visit/galleries-and-museum-map/volcanoes-and-earthquakes.html>

Celebrate Chinese New Year with *Drop-in Design: Dragons and Jugs at the V&A Museum*

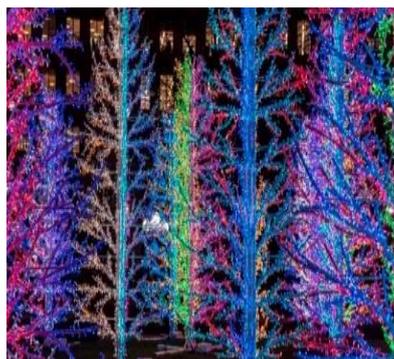
Work together to create a scaly Chinese dragon in the Ceramics galleries. Learn about the famous Willow Patterns story and create your own design for a jug or plate.



Free family activity, Sunday 26th, 10:30am to 5pm

<https://www.vam.ac.uk/event/B31EAq3n/drop-in-design-chinese-new-year-2020>

Last chance to see the *Winter Lights at Canary Wharf*. The award-winning Winter Lights returns to Canary Wharf this January for the Sixth year. Canary Wharf will be transformed by over 25 spectacular installations, leaving the dark winter evenings aglow. The spectacle will showcase light art and interactive installations by some of the most innovative artists across the globe working in light art today.



Free event, 4pm to 10pm, finishes on 25th January

https://canarywharf.com/arts-events/events/winter-lights-jan-2020/?instance_id=



Lee Green Cycle Bus



Fun, family friendly cycle ride around the ward with drop-offs at local primary schools
(Trinity, Brindishe Manor & Brindishe Lee)

First Friday of the month. Meet 8.15am @ Hither Green station (Fernbrook Rd side)

Stewarded by Lewisham Cyclists. Children must be accompanied.



Upcoming rides:



7 Feb 1 May
6 March 5 June
3 April 3 July



Contact cllr_Octavia.Holland@lewisham.gov.uk for more info



LEAVE OF ABSENCE REQUEST

A revised form covering both sites for requests for Leave of Absence during term time **must** be completed and handed in to the school reception for approval by the Headteacher. Forms should be handed in at least two weeks prior to date of requested leave where possible.

Forms can be obtained from our website
<https://www.trinitylewisham.org> –
Main page - Key information/forms
Also available from both reception areas



Trinity Primary 'Meet and Greet'



Happiness is a combination of mental and emotional health, and we all know that finding the balance can be difficult at times. We aim to encourage a wellbeing culture by supporting every member of our Trinity family, inside and beyond the classroom walls.

Join us for an informal drop-in for coffee/tea, cake, chat and a chance to meet the Wellbeing team.



😊 We look forward to seeing you! 😊



Monday 27th January 9.45-10.45
OR
Thursday 30th January 2.15-3.15

If you are interested, please add your name to the sign-up sheet at reception.



HOW MANY KEEPERS?

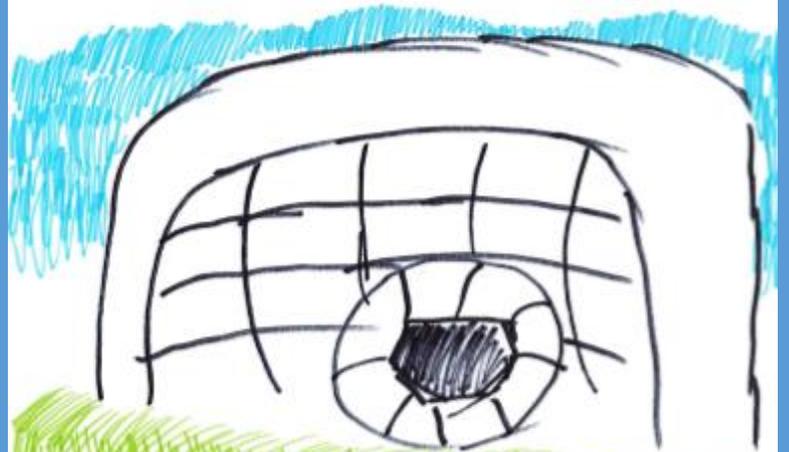
This Event will be on, 31/01/20
The BEST ONE will receive
a PRIZE! £1 ENTRY
Lunchtime!

*Money will go towards a net for the
football cage. And for goal posts!

PRIMARY NEWS

FRIDAY
31ST January 24,
2020

DATE: 31-01-20
Time: Lunchtime
Please bring £1
3 Shots against Mr James & Mr Weddle!
Prize for winner in each Year!



Money will go towards a
net for the football cage!

SECONDARY NEWS

YEAR 9's TRIP TO ELAM

Ten of our Year 9 Computer Science students were given the opportunity to visit the East London Arts and Music Academy this week.

ELAM is a world-class 16-19 Academy which opened in September 2014. ELAM offers young people everything that they will need to lead successful lives within the music, games design and film and television sectors – the Recognition, the Access and the relevant skills to become, what we call, 'Industry Ready'.

Our students had a wonderful 3 hours of specialist training and learnt how to start building their own with our students' ability and focus! At the end of the session we were then given a tour of the state of the art rooms worth £250,000 each and made by Universal and YouTube!

A very special day was had by all - students and staff alike!



YEAR 10 ENVISION CHARITY APPRENTICE LAUNCH

Our new group of Year 10 students had their Envision Charity Apprentice launch last week. A whole day full of presentations from charities, choosing their chosen charity, working as a team and meeting their business mentors from the Department of Culture, Sport and Media.

The group chose to represent the charity 'RedThread' who work with vulnerable young people at Kings College Hospital and aim to reduce serious youth violence by revolutionising the support available to young victims of violence.

We look forward to working with Envision, DCMS and RedThread for the next 13 weeks.

Well done Envision team!



Last week and this week our year 11 students have been delivering 25 minute sport lessons to our year 7 students as part of their Sports Leadership Unit. They had to plan, deliver and evaluate a sports session.

We have seen some excellent leadership skills, the year 11s really stepped up to this challenge and the year 7s were very impressed. Our top student was Anais Cox Steele, who delivered a very confident netball lesson with very little that she could have done to improve it! Well done everyone!



PARENTS – help us to help your child

With Year 11's now working on their final exam question it is vital that they put in the extra hours on their coursework. Ms Dillon in the Art department has opened the art room at lunch time and after-school and will be on hand to help them with their work. Providing our pupils with extra time to work on their coursework will improve their outcomes immensely.

Parents please encourage your child to attend at least **1 intervention** a week. They will be able to work independently with assistance on hand in a relaxed environment. Let's work together and encourage them to attend. Look at the timetable of 'Open access to the Art room and discuss with your child what session (or sessions) they would like to attend. Then they just have to turn up. No booking.



OPENING TIMES – ART ROOM

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch (Open All Years Art1)	Lunch (Closed)	Lunch (Open All years Art2)	Lunch (Open Year 11 Art2)	Lunch (Closed)
After school (Open All years Art2)	After school (Open All years Art2)		After school (Open All years Art1)	After school (Open Year 11 Art1&Art2)

Wednesday lunch is a more casual Art Club – somewhere quiet to come and be creative. Year groups 7 to 11 welcome.

Sepsis (also known as blood poisoning) is the immune system's overreaction to an infection or injury. Normally our immune system fights infection – but sometimes, for reasons we don't yet understand, it attacks our body's own organs and tissues. If not treated immediately, sepsis can result in organ failure and death. Yet with early diagnosis, it can be treated with antibiotics.

Sepsis is a life-threatening condition in which the body's response to an infection causes damage to tissues and organs. It affects at least 245,000 adults and children in the UK every year, claiming at least 48,000 lives! Forty per cent of survivors suffer life-changing after-effects, yet, despite the shocking statistics, awareness of sepsis is far too low.

HOW TO SPOT SEPSIS IN CHILDREN

If your child is unwell with either a fever or very low temperature (or has had a fever in the last 24 hours), call 999 and just ask: could it be sepsis?

A child may have sepsis if he or she:

1. Is breathing very fast
2. Has a 'fit' or convulsion
3. Looks mottled, bluish, or pale
4. Has a rash that does not fade when you press it
5. Is very lethargic or difficult to wake
6. Feels abnormally cold to touch

A child under 5 may have sepsis if he or she:

1. Is not feeding
2. Is vomiting repeatedly
3. Has not passed urine for 12 hours

Meningitis and septicaemia Know the symptoms

Red symptoms are more specific to meningitis and septicaemia and less common in milder illnesses. Not everyone gets all these symptoms.

MENINGITIS	SEPTICAEMIA
Fever and/or vomiting	Fever and/or vomiting
Severe headache	Limb/joint/muscle pain
Rash	Cold hands and feet/shivering
Stiff neck	Pale or mottled skin
Dislike of bright lights	Breathing fast/breathless
Very sleepy/vacant/difficult to wake	Rash
Confused/delirious	Very sleepy/vacant/difficult to wake
Seizures (fits)	Confused/delirious

HOW TO SPOT SEPSIS IN ADULTS

Seek medical help urgently if you (or another adult) develop any of these signs:

- S**lurred speech or confusion
- E**xtrême shivering or muscle pain
- P**assing no urine (in a day)
- S**evere breathlessness
- I**t feels like you're going to die
- S**kin mottled or discoloured

Seek medical help urgently if you develop any or one of the following:

- S**lurred speech or confusion
- E**xtrême shivering or muscle pain
- P**assing no urine (in a day)
- S**evere breathlessness
- I**t feels like you're going to die
- S**kin mottled or discoloured

JUST ASK
"COULD IT BE SEPSIS?"
 IT'S A SIMPLE QUESTION, BUT IT COULD SAVE A LIFE.

25,000

hospital admissions with sepsis each year in the UK occur in children

40%

of all sepsis survivors suffer permanent, life-changing after effects

5

people die with sepsis every hour in the UK