

Trinity All Through School

Primary Phase

Leahurst Road

Hither Green

SE13 5HZ

Tel : 0208 325 4551

Secondary Phase

Taunton Road

Lee

SE12 8PD

Tel: 0208 852 3191

Website

Trinitylewisham.org

Executive Headteacher

Mr. David Lucas



Dear Trinitarians

As we have moved into a National Lockdown it is vital that we work together to keep our community safe. Can we remind you that it is crucial that pupils are not going out or mixing with other children outside of school. They should go straight to school at the start of the day, and not meet up with friends on the way. Once in school, within their bubble, they can meet and talk. On the way home they will need to go straight home as well if they are not picked up. Shops are only open for essential items and pupils should not go into any shops unless it is extremely necessary. School processes will be reinforced in school and it remains vital that pupils wash their hands / sanitise frequently throughout the day. Please do reinforce this with your children at home. At the secondary phase all pupils are expected to wear masks in the social spaces whilst moving around the building. Our classrooms are set out with hand sanitisers at every door, wipes and tissues in the room and within the secondary site spaced out tables for all pupils. Our bubbles are vital and the systems in place prevent pupils from mixing between them. Hands – Face – Space. Please work with us on these essential health and safety expectations so that our whole community is kept safe.

I wish to publically congratulate Mr Janes for his promotion to Headteacher of St Georges School on the other side of the borough. I say this with mixed emotions, as I am so excited for him getting this new job but at the same time saddened that he will be leaving Trinity. He has transformed Trinity Primary into a thriving and exciting learning environment and consequently will be hugely missed. His departure does create a vacancy which we have today advertised for nationally. We aim to appoint our new Head of School in early December. Our process for appointing a candidate has been fully risk assessed, with many of the tasks carried out remotely. The pupils and staff will be fully involved in the process. Mr Janes will not be leaving until Easter and therefore we will have a good period of time for hand over with the newly appointed Head of School. Please do congratulate Mr Janes when you see him.

Finally can I thank you all for your continued support. Our pupils have come back from half term fully rested and ready for learning. Our curriculum is challenging and fully sequenced to support pupils continue to progress. We are working really hard on catch-up interventions as well to ensure our pupils are working to the best of their ability. Do keep in touch and email if you have any concerns.

DAVID LUCAS

Executive Headteacher
Trinity Church of England School, Lewisham
An All-Through School
020 88523191
www.trinitylewisham.org

this issue

Upcoming Events & News

Covid and school **P3**Important Notices - **P6**Character Corner **P8 & 9**House Results **P13**Meet the Captains – Michael House **P14.**



Dear Trinity families,

I am very sad to say that I will be leaving Trinity this academic year. This morning, I let pupils know that I have been given the opportunity to lead St George's Church of England School in Forest Hill. I will take up the post as Headteacher there after Easter.

I feel incredibly proud to have been a part of Trinity's unique journey as a growing school. During my six years here, I have been able to see a building, which was once very large and empty, become full to bursting with terrific Trinitarians. It has been an absolute privilege being able to serve this community and the wonderful children we have here.

However, now is not a time for goodbyes. I am looking forward to continuing in my current role for the next term and a half. I have been lucky to work alongside some of the very best teachers I have ever met or observed teach. They are hardworking, dedicated and have the very highest of expectations. They are one of the many reasons that I feel confident that Trinity will continue to flourish for years to come.

Thank you for all of your support for myself and for Trinity over the years. I look forward to your continued support until Easter and know you will continue to support my successor when the time eventually comes.

As ever, I wish you the very best of weekends, full of rest and fun, ready for learning when we return.

Head of School, Primary Phase
Trinity all Through School

Goodbye

IMPORTANT NOTICE

If your child displays a temperature or other COVID symptoms

- please do not send to school.
- Call the school to notify our admin team of your child's absence
- Seek medical advice (GP or dial 111) or
- Book a COVID 19 Test

If your child has a '**Negative**' test they may return to school

If '**Positive**' please let the school know immediately by phone or email (admin@trinity.lewisham.sch.uk). Your child will not be able to return to school until the 10th day from when your child was displaying any symptoms.

If your child has been in direct contact with someone who has tested positive for COVID 19 they will need to self-isolate for 14 days from date of contact. Again please let the school know immediately.

Thank you all for your co-operation

Stay Safe



COVID-19

Important update for all our referrers and clients

Need a food parcel?

To get a referral, please contact an organisation that you are in contact with like a school, housing association, Citizens Advice, GP or faith organisation.

If you do not have a support organisation, you can call the **Citizens Advice Helpline** for free on **0808 208 2138**.

For other general support call **Community Connections Lewisham** 0330 058 3464 Monday-Friday 9.30 am – 4 pm who can:

- Connect you to groups and communities, and enable access to social opportunities
- Help with staying active
- Access befriending and practical assistance
- Help find new opportunities for employment, training and learning
- Help with volunteering and participating in local projects

All other enquiries should be made to Lewisham Foodbank on **07938 071854**.

Need to refer someone?

If you are an organisation wanting to refer someone for support with food, please email us at vouchers@lewisham.foodbank.org.uk



R for resilience. This half term we will be focusing for the next 4 weeks on theme of being resilient. In our whole school 'virtual' worship this week we reflected on the story of Blind Bartimeus (Mark 10:46-52). Trinity pupils acted out the story in their classes/family groups and reflected on how resilient Blind Bartimeus was, when people were telling him to go away and were shouting at him. It was a great opportunity to learn from Bartimeus and see his faith and his resilience to meet with Jesus. We are reminded in the story that it was his faith that made him well again.

It is important during a time like this that we try and build our resilience, as Terrific Trinitarians and remember to have hope especially during this uncertain times.

Primary faith team resilience: Romy

I cycled 20miles during the holidays. It was very difficult t but I kept going and did not give up when it was hard.

Primary faith team resilience: Jasmine

I went my scooter for 4 hours every day during half term for exercise and fresh air. I did not give up even when I felt poorly.

Remember you can be resilient in many ways, it might be with exercise and keeping going even when it gets really difficult. It might be with school work, you want to stop but you are near the end, keep going. Over the weekend think about how you can build your resilience whilst at home. Don't give up and remember the words of our memory verse - **'keep your mind on Jesus...then you won't get discouraged and give up' Hebrews 12:3.**

During these times, it is important to build our resilience and to follow Jesus' advice about not giving up and on not give up on prayer specifically. This week take time to say the Lord's Prayer each day and when you pray "Your Kingdom come" we are praying for change, for a time when God's love will change everything. Draw a picture of what you think God's Kingdom might look like. Write "Your Kingdom come" on it. Put it somewhere everyone can see it, as a reminder that things will not always be as they are now.

Remembrance: Faith Team

- ❖ This week our faith teams have also been busy creating out remembrance display at both sites and we have been planning our remembrance workshops together for next week.
- ❖ Our secondary faith team have worked with the Good Shepherd and helped created a poppy display which can be seen in the garden of the Church



How can my family develop spiritually at home!

TWEET IT: We are living through a lot of challenges at the moment. What do you think is the most important thing people need to hear to help them through difficult times? What message could you send someone to encourage them to keep going?

PRAY ABOUT IT: Use the 5 step examen prayer to reflect on your hopes: 1. GIVE THANKS for something that was good today. 2. ASK FOR HELP with something you need resilience for. 3. REFLECT on your day and think about the things that helped you to overcome difficulties and the things that made you feel like giving up. 4. SAY SORRY for the times you gave up or didn't take the opportunity to encourage someone else. 5. DECIDE how you will build resilience in yourself tomorrow.

Use these conversation starters from Dr Robyn Silverman as a way to discuss resilience at home and why it is so important:



- What do you consider to be a comfort zone?
- Why might trying something new or tough outside of your comfort zone feel uncomfortable • what does it mean to you to be resilient?
- How do struggles, your beliefs and your personal values relate to resilience?
- What can you say to yourself when you're having a tough time with a challenging skill or situation?
- Who can you spend time with when you need encouragement to keep going?

Mother Bridget sends her thanks in a letter from the Good Shepherd to everyone at Trinity who gave so generously towards supplies for the foodbank. Well done everyone!

Parish of the Good Shepherd with St Peter, Lee



Wednesday 4th November 2020

Dear Samantha,

I'm writing to you on behalf of 'AFRIL' and our parish, to thank you for supporting the Helping Hands Foodbank this through your harvest appeal. We're incredibly grateful for the interest that you've shown, and the practical support that you've provided.

Please do pass on our thanks to all the members of your school community; their generous donations have made a difference to families in need, and will help to keep our food cupboard stocked for the next few months.

We hope that we can maintain our link with Trinity. Do let me know if you or any of your pupils would like to visit the foodbank, or to find other ways to support refugees and asylum seekers in our area.

I hope the remainder of this term is as smooth as it can be!

With kind regards,

Bridget Shepherd

Vicar of the Good Shepherd & St. Peter's, Lee

Helen Mason

AFRIL Foodbank Manager

CALLING
ALL
PARENTS

Dear Trinity Families,

Please join the Parents and Friends of Trinity (PAFT) for our annual Annual General Meeting, on Tuesday 21st November at 8pm. This year, we are meeting on Zoom, so you can make a cuppa and join us from home!

We want to elect new Committee members, and discuss our exciting Christmas fundraising ideas... plus sign off on last year's finances, and share how our children benefitted from PAFT fundraising.

***** New primary and secondary parents are especially welcome *****

Please email PAFTTrinity@gmail.com for zoom details.

Looking forward to seeing you there!

The PAFT



ALL PARENTS – SECONDARY & PRIMARY

Dear Year 7 Parents and Carers,

It is our intention to hold a half termly zoom meeting for parents and carers to 'check in' with us during the pandemic.

The next one will be on Tuesday, 10th November at 2pm.

It will be an opportunity for you to ask any questions about your child's learning and for us to update you on what is going on in school. Details of how to join the zoom are outlined below. We hope to see you there!

Steve Gallears is inviting you to a scheduled Zoom meeting.

Topic: Year 7 parents information event

Time: Nov 10, 2020 02:00 PM London

Join Zoom Meeting

<https://zoom.us/j/4653179233?pwd=NHIPSkdHSDUreVdNOEVsbmhHQ2tBUT09>

Meeting ID: 465 317 9233

Passcode: 0EiCjb



zoom
Joining a Meeting

Trinity's Outstanding Buddies



Harun Martin



Ilze Taylor



Antonino Stinca

Meet Trinity Secondary's newly appointed Outstanding Trinitarian Buddies.

Ilze Taylor, one of our new 'Buddies' wrote a short piece of why she applied to become a 'Buddy'.



Nicole Moldovanu



Amelia Webster



Caleb Goodman



Joshua Thomas
Akintola

I applied to become a buddy because I enjoy helping others when they might be lonely or upset. When I was in Trinity Primary, I had to do an interview to decide if I was going to become a buddy. During my time in Trinity Secondary I helped many people find friends. During the first couple of weeks (when I first started) I had a meeting with 2 teachers. There is a meeting every 2 weeks on a Wednesday. We decided to create a litter duty rotation to help and keep the community clean. Two times a day, two of us will pick up some of the litter (with litter pickers) from around the football cage by our entrance. Overall, I really enjoy being a buddy and helping others.

Ilze Taylor (y7)



Connor Wynne



Tyreek Henry



Callum Fraser
Stewart



Jaiden-James Barnes



Cassius Atwere



Oliver Bardega



Kenzie levy



Mekhi Prince-Peart

Imagined London: the City

<https://www.museumoflondon.org.uk/museum-london-docklands>



2 - 30 November 2020



Put on your headphones and join the Museum of London Docklands on an imagined audio walk through the City of London's streets, from the Millennium Bridge to Smithfield Market, accompanied by the voices of Londoners who have gone before.



Visit the Imperial War Museums online Home Learning Hub and explore Adventures in History. From spies to submarines and life on the Home Front, the IWM is bringing history into your home, with unique and personal stories from their extraordinary collections. From *Ship Shape Stories* and *Spies in Disguise* to *Life Under the Sea*, discover fascinating stories about people who lived through extraordinary events.



Why not take on a Family Mission at home with the IWM, including a Paper Plane Challenge, building DIY Walkie Talkies or a Morse Code Challenge.



For more information visit: <https://www.iwm.org.uk/learning/home-learning-hub>

Visit the [British Museum](#) online and take audio tour. Enjoy extracts from the British Museums audio guide about some of the Museum's most popular objects.

From ancient flint handaxes and [The Sutton Hoo Helmet](#) to a penny defaced by suffragettes, listen to an audio tour while looking at the objects on a timeline.

400,000–350,000 BC
Two British handaxes



Early AD 600s
The Sutton Hoo Helmet



1903
Penny defaced by suffragettes



Visit: <https://www.britishmuseum.org/collection/audio-tour-highlights>

Explore the worlds learning art and design museum, the [V & A](#) online with [From the Collections](#). From ancient Chinese ceramics to Alexander McQueen evening dresses, take an incredible journey through 5000 years of human creativity with the V&A online collections.



Fashion in Motion



Artists and the Book



Illustration



Theatre & Performance

ON LINE THINGS TO KEEP YOU MOTIVATED

- Art Colouring Books – NASA Edition , colour on line or print out and colour.
- Examine art works in detail and see the hidden details that our eyes overlook.
- Watch a video of the extinct Rhomaleosaurus Sea Dragon



<https://artsandculture.google.com/experiment/lwG->



https://artsandculture.google.com/story/uQVR0_37LSyJYQ

Rhomaleosaurus Sea Dragon: Back to life in 360 VR

<https://www.youtube.com/watch?v=BH1AvqYXwHQ&>

ALL PARENTS – SELF ISOLATION

If you are a pupil self isolating it is important that you keep active. Listed below are some really good links with videos and home game ideas to keep you fit.

EARLY YEARS

<https://www.bbc.co.uk/programmes/b006mvsc>

KS1/2

<https://www.thinkactive.org/wethinkactive/kids-active-learning/a-z-challenge/>

https://www.youtube.com/playlist?list=PLYGRaluWWT0jV3An2WEgsQ4qGFy_91jDL

<https://www.activekidsdobetter.co.uk/active-home>

KS3/4

<https://www.fitnessblender.com/videos>

<https://www.thinkactive.org/wethinkactive/kids-active-learning/a-z-challenge/>

https://www.youtube.com/playlist?list=PLYGRaluWWT0jV3An2WEgsQ4qGFy_91jDL



More KS3/4 super ideas to get you active and test your skills on many various tasks. Open the PDF to view 15 fun ideas.

Open the PDF and get up and get moving.



getset-pe-resource.
pdf

Squat and shoot



What you need: 2 balls or pairs of socks, two pots, two plus players.

How to play:

- Each player has a ball. They begin from the pots.
- Players race to throw their ball into pots. First to four successful throws wins the round.
- In between each throw you must do squats.
- In the next round change the exercise you need to complete in between the throws.

Make this easier by using a bigger pot.
Who won the most rounds?

First to 50

What you need: a dice and 1 or more plus players.

How to play:

- Roll the dice and complete the action: 1 = 1 x burpee, 2 = 2 x press ups, 3 = 3 x lunges, 4 = 4 x squats, 5 = 5 x squats, 6 = 6 x squats.
- Roll the dice again and add the number to your previous roll so that you keep a running total.
- Continue until you reach 50.
- Playing with someone else? Who can reach 50 first?
- Make this harder by subtracting 5 when you roll a 1.

Change the target number or exercises and play again.



Skipping challenges



What you need: A skipping rope or a dressing gown rope (tie two together if you need to make it longer)

Challenge 1:

How many consecutive skips can you complete?

Challenge 2:

Can you skip 5 times on your right foot and then 5 times on your left foot?

Challenge 3:

Can you skip with high knees, one foot and then the other?

Challenge 4:

Can you skip stars? Jump with feet together on the first half of the rope and then feet apart on the second.

Challenge 5:

Can you skip backwards?

Land on the balls of your feet and keep your knees bent.

Long jump



world record attempt

What you need: A measuring tape.

How to play:

- The standing long jump world record is held by Byron Jones, who recorded a jump of 3.73 m.
- Warm up with 1 minute jogging on the spot followed by ten squats.
- Then see how many jumps it takes for you to reach the same distance.



How many jumps does it take for you to reach 3.73m?

At Trinity we believe pupils should have the opportunity to use their voice for change. Being a leader to represent opinions and feedback from peers provides a great opportunity to develop leadership skills and to work alongside members of staff who are Year Progress Leaders and the Senior Leadership Team.

I am pleased to announce the following pupils as Trinity Voice:

Year 7	Year 8	Year 9	Year 10
Rishana Raveedran	Charlotte Topper	Emmerson Sutton	Prefects will act as Trinity Voice
Hasan Osman	Mohammed Mukhtar	Yuki Timofte	
Eliana Badmus	Sharna Golding	Dehjah James	Year 11
Caleb Goodman	Alfie Hilton-Dann	Christiana Aboagye	Tobias Goedhart
Noah Fowler	Mustafa Mustafa	Nora Sandcrott	Ashley Hewson
Aziel Myrrh Mamaril	Zainab Jimoh	Tauseef Haider	James Hilton
Oluwatosin Ogunbiyi	David Orisa-Kingsley		Caterina Panton
Jerrelle Clayton-McKenzie	Nancy Eaton-Hilsom		Monet Jarrett
Hina Muslu	Tahlia Romain		Angel Hewson
Sam Guglya	Yuksel Yuksel		Deandra Young
Kyree Wilson	Amarai Mitchell		Andre Powell
Wesal Albasha	Diego Grateron Sangines		Mariame Boyele
			Nathan Spaulding



Emmerson Sutton, Year 9, is an example of how much impact our pupils are having by using their voice for change in the wider world.

Emmerson Sutton (13) at the Council of Europe | ASSITEJ International:
<http://www.assitej-international.org/en/2020/10/assitej-manifesto-emmerson-sutton-13-at-the-council-of-europe/>

Meet the new Pupil Leadership Team

Head Girl: Itunuayo Matti

Hello my name is Itunuayo, I am in Year 10 and I have recently been appointed as Head Girl here at Trinity. I am very thrilled and delighted to have this position at school and I'm eager and ready to start putting forward my creative ideas and the ideas of my peers that I believe will help change our school environment for the better. Having been in the presence of previous leadership teams I am aware of the responsibility, opportunities and importance of my role in Trinity and I will take this opportunity with both hands. I have many aspirations for the school some including BLM workshops, Mental Health discussions and giving my fellows peers the reassurance that they will be entering a truly safe space when they enter our school building. I will carry this role with an open mind and resilience plaited with the Trinity values of *Learning*, *Living* and *Loving*. I am determined to take on this position to the best of my abilities, be a role model in the school and take up duty as Head Girl with a purpose.



Deputy Head Girl: Amanda Ramoshi

Hello, my name is Amanda, I'm in year 10, and I have recently been appointed as Deputy Head Girl here at Trinity. I'm very excited and proud to be taking on this important role and to be part of the pupil leadership team as I'm aware of the duties and opportunities that come along with it. Seeing previous pupil leadership teams during my years at Trinity and the significant and positive impacts that their changes have brought to the school, influenced me to step out of my comfort zone and apply for this role. I have many ambitions for the school, particularly to further develop the positive and effective learning at Trinity, and to provide further opportunities for pupil voice so they can express their opinions on educational and social matter matters. I am also keen to support pupils regain motivation and drive, especially after the lockdown. I'm determined to fulfil this role to the best of my abilities by being a great role model as well as a friend towards everyone in the school and am very pleased to start doing this, this school term.



Head Boy: Samuel Falode

Hello, my name is Samuel Falode and I have been appointed as Head Boy at Trinity, something that I have had my mind set on achieving. This role will allow me to practice and perfect the skills I will need for the future to achieve my goals of being a CEO. Furthermore, the role will allow me to express my charisma and vehement passion to transform the world by providing me with valuable experience in leadership. My endless ambition and passion shines through my want to transform Trinity and create a learning environment that embodies the Learning, Loving Living spirit and allows all students to strive to achieve the best they can be. As a team we are striving to be the best PLT so we can set the high standards for all to follow. Thank you



Deputy Head Boy: Daniel Tangu

My name is Daniel Tangu and I am proud to take on this role of Deputy allow me to showcase my ability to help younger students develop to being a consistent role model at Trinity. Being Deputy Head Boy will give be valuable for the future. It can also help me gain an insight into some of the concerns the pupil body has at Trinity and work through ways we can make change. One of my ambitions is that I want to make Trinity a better place for the new Trinitarians and allow them to enjoy life at Trinity and strive to do their best. This role has given me an opportunity to express myself, of which, I am extremely grateful.



Head Boy. This leadership role will their potential and I seek to do this by me the experience of leading which will

Trinity wishes our pupil leadership team a very heartfelt welcome. We have every faith that their strong leadership skills will overcome the challenges and adaptations required from them this year during COVID times at school.

English House Challenge Results

1st Gabriel House
2nd Raphael House
3rd Michael House
4th Zadkiel House

**Michael House
Holds
First place**

Next House Challenges:

- **Battery Hunt – 26th November**
- **Maths House Challenge – w/c 14th December**

Trinity House Score Board

	Gabriel	Michael	Raphael	Zadkiel
Wear RED day	5	10	7	3
Trinity Staff Quiz	3	10	7	7
English Challenge	10	5	7	3
TOTAL	18	25	21	13

MEET THE MICHAEL HOUSE CAPTAINS & THEIR DEPUTIES

**CAPTAIN
ILZE TAYLOR
YEAR 7**



**DEPUTY CAPTAIN
PAULA MUTYABA
YEAR 7**



**CAPTAIN
NATHANIEL STAINISLAS-BLOW
YEAR 8**



**DEPUTY CAPTAIN
CHARLOTTE TOPPER
YEAR 8**



**CAPTAIN
NICKY VU
YEAR 9**



**DEPUTY CAPTAIN
VACANT POSITION
YEAR 9**

**CAPTAIN
SAMUEL NEBEOLISA
YEAR 10**



**DEPUTY CAPTAIN
KINTHUSHA PARTHEEPARUPAN
YEAR 10**



MICHAEL HOUSE

HEAD OF HOUSE : MS BETANCORT