

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

OPTION
2

Cheese & Bean
Lasagne



Margherita
Pizza & Wedges



Vegan Lentil & Stuffing
Pastry Roll



BBQ Quorn & Peppers
& Rice



Vegan Vegetable Nuggets
& Chips



Rainbow Vegetable
Stir Fry Noodles



Traditional Creamy
Beef Lasagne

Roast Chicken with Roast
Potatoes & Gravy

Chicken in a Katsu
Curry Sauce & Rice



MSC Approved Fish
Fingers & Chips

VEGGIES



Carrots
& Peas



Broccoli



Roasted Carrots
& Parsnips



Peas



Beans



PASTA



Cheese
Sauce



House Tomato
Sauce



Cheese
Sauce



House Tomato
Sauce



Creamy
Pesto



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Blueberry
Cookie Bar



Chocolate &
Banana Brownie



Strawberry Yoghurt &
Strawberry Sauce



Apple & Cocoa
Sponge



Raspberry
Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian






Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Margherita Pizza & Wedges	Vegan Sausage with Mashed Potatoes & Gravy	Vegan Cottage Pie & Gravy	Cheesy Cauliflower Pasta Bake	Tex-Mex Vegetable Fajita Wrap
	OPTION 2 MSC Approved Salmon Pasta Bake	Chicken & Beef Sausage, Mashed Potatoes & Gravy	Roast Turkey with Roast Potatoes & Gravy	Mild Caribbean Chicken Curry & Carrot Rice	MSC Approved Fish & Chips
VEGGIES 	Peas	Carrot & Peas	Broccoli & Cauliflower	Carrot & Mixed Salad	Baked Beans
PASTA 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Strawberry Mousse	Oaty Apple Crumble & Custard	Original Flapjack	Chocolate & Carrot Muffin	Raspberry Jelly & Mandarins
--	-------------------	------------------------------	-------------------	---------------------------	-----------------------------

Desserts available every day – a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	OPTION 1 Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegetarian Chilli Nacho Bake & Rice	Vegan Roast Quorn Fillet With Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
OPTION 2	Chicken & Spinach Pasta Bake	Mild Beef Chilli & Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
VEGGIES	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
PASTA	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS	Strawberry Yoghurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly & Mandarins	Gingerbread Squares with Custard	Garden Brownie
---------------------	---------------------------------------	--	--------------------------	----------------------------------	----------------

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat

