

Our Wellbeing Ambassadors



Offwa Wanogho



Tomas Monteiro



Kyla Oloade



Aisosa Osadiaye



Dasirae Idehen



Rishana
Raveendran



Paula Mutyaba



Zorayah
Harrison



Chloe Odumosu

There are plenty of different types of support out there and our team of Wellbeing Ambassadors can help you access them.

Our Wellbeing Ambassadors are:

- a **point of contact** if you or someone you are concerned about is experiencing a mental health issue or is in emotional distress.
- The ambassadors are not therapists or psychiatrists, but they can **give you initial support and signpost you to appropriate help** if required.

If you have any questions or enquiries, please speak with one of the team.



Trinity

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