



Daisy Jones

Draw & Talk Therapist

Miss Jones is a trained Draw and Talk therapist who is based at the Trinity secondary site. The Drawing and Talking technique is a safe and easy to learn short term, time-limited therapy that is used with anyone (age 5+) who has suffered trauma or has underlying emotional difficulties. It supports those who are not realising their full potential either academically, professionally or socially.

The purpose of the method is to draw with a person with whom they feel comfortable each week. Miss Jones uses a number of non-intrusive questions about the drawing, and over time a symbolic resolution is found to old conflicts and trauma is healed.

After completion of Drawing and Talking Therapy, children are more able to control their behaviour, better able to access an academic curriculum and most importantly have higher self-esteem; this allows them to thrive in the world around them. We want all children and young people to have the opportunity to achieve and develop the skills and character to make a successful transition into adult life.



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