

# Our Wellbeing Ambassadors



Nashay W Campbell



Jaden Murray



Llouella Deragon



Miriam Ofosuhene



Melisa Ojeih



Solomon D Boamah



Emmanuella Thie

There are plenty of different types of support out there and our team of Wellbeing Ambassadors can help you access them.

Our Wellbeing Ambassadors are:

- **a point of contact** if you or someone you are concerned about is experiencing a mental health issue or is in emotional distress.
- The ambassadors are not therapists or psychiatrists, but they can **give you initial support and signpost you to appropriate help** if required.

If you have any questions or enquiries, please speak with one of the team.



**Trinity**

LEARNING • LOVING • LIVING