
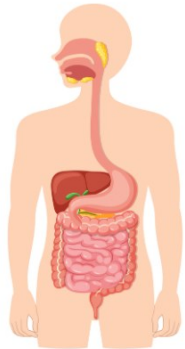






Year 8 Food Curriculum

Term	Curriculum content
Michaelmas 1  	Diet and health <ul style="list-style-type: none"> Bread: what is gluten? Gluten experiment and bread rolls <ul style="list-style-type: none"> Energy balance Sushi <ul style="list-style-type: none"> Eatwell guide Fish cakes <ul style="list-style-type: none"> Digestive system Breakfast eggs <ul style="list-style-type: none"> Sensory analysis Sensory tasting set up and sampling food with a specific characteristic in mind.
Michaelmas 2	Rotation 1
Lent 1	Rotation 1
Lent 2  	Carbohydrates <ul style="list-style-type: none"> The eat well guide Coloured pasta <ul style="list-style-type: none"> Gelatinisation Sauce experiments <ul style="list-style-type: none"> Starches and sugars Mac and cheese <ul style="list-style-type: none"> Food labels and allergens Victoria sponge cake <ul style="list-style-type: none"> Making informed choices and understanding dietary needs
Trinity 1	Rotation 2
Trinity 2	Rotation 2