

Year 11 Physical Education GCSE Curriculum



Term	Curriculum content
Michaelmas 1	 NEA (Non-examined assessment): Pupils will finish their coursework which is based off their strengths or weaknesses from their chosen sport. Exam Refinement (based off pupils weaknesses from PPE results): Will change depending on students content knowledge. (PAPER 1 topics) Musculoskeletal System Cardio-Respiratory System Aerobic and Anaerobic System Movement Analysis Physical Training Exam questions with key information based on common misconceptions.
Michaelmas 2	Exam Refinement (based off pupils weaknesses from PPE results): Will change depending on students content knowledge. (PAPER 1 topics) Musculoskeletal System Cardio-Respiratory System Aerobic and Anaerobic System Movement Analysis Physical Training Exam questions with key information based on common misconceptions.
PRACTICE MAKES PERFECT	Exam Refinement (based off pupils weaknesses from PPE results): Will change depending on students content knowledge. (PAPER 2 topics) Physical Training Sports Psychology Socio-cultural influences Commersicalisation of physical activity and sport Ethical Issues Health and Fitness Use of data Exam questions with key information based on common misconceptions.
Lent 2	Exam Refinement (based off pupils weaknesses from PPE results): Will change depending on students content knowledge. (PAPER 2 topics) Physical Training Sports Psychology Socio-cultural influences Commersicalisation of physical activity and sport Ethical Issues Health and Fitness Use of data Exam questions with key information based on common misconceptions.
Trinity I EXAM	EXAM SEASON
Trinity 2	EXAM SEASON