







# Year 10 Physical Education Sport Studies

## Curriculum



Term	Curriculum content
<b>Michaelmas 1</b> 	<p><b><u>Continuation of Task 5—R185:</u></b> Reviewing your own performance in planning and leading a sports activity session</p> <ul style="list-style-type: none"> <li>Review your leadership of a sports activity session</li> </ul>
<b>Michaelmas 2</b> 	<p><b><u>Introduction to R184—Exam Module (Contemporary Issues in sport)</u></b></p> <p><b><u>Topic Area 1: Issues which affect participation in sport</u></b></p> <ul style="list-style-type: none"> <li>1.1 User groups</li> <li>1.2 Possible barriers</li> <li>1.3 Possible barrier solutions</li> <li>1.4 Factors which can positively and negatively impact upon the popularity of sport in the UK</li> <li>1.5 Emerging/new sports in the UK</li> </ul>
<b>Lent 1</b> 	<p><b><u>Topic Area 2: The role of sport in promoting values</u></b></p> <ul style="list-style-type: none"> <li>2.1 Sport values</li> <li>2.2 The Olympic and Paralympic movement</li> <li>2.3 Sporting values initiative and campaigns</li> <li>2.4 The importance of etiquette AND sporting behaviour</li> <li>2.5 The use of Performance Enhancing Drugs (PEDs) in sport</li> </ul>
<b>Lent 2</b>	<ul style="list-style-type: none"> <li><b><u>RECAP OF TOPIC AREA 1 AND 2</u></b></li> </ul>
<b>Trinity 1</b> 	<p><b><u>Introduction to Task 1—R187 Increasing awareness of Outdoor and Adventurous Activities</u></b></p> <p>Topic Area 1: Provision for different types of outdoor and adventurous activities in the UK</p> <ul style="list-style-type: none"> <li>1.1 The provision available for outdoor and adventurous activities both locally and nationally</li> </ul>
<b>Trinity 2</b> 	<p><b><u>Introduction to Task 2—R187 Increasing awareness of Outdoor and Adventurous Activities</u></b></p> <p>Topic Area 2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities</p> <ul style="list-style-type: none"> <li>2.1 Types of equipment to be used for participation</li> <li>2.2. Types of clothing to be used for participation</li> <li>2.3 Types of technology that can enhance participation or safety</li> <li>2.4. Types of terrain and environment</li> </ul>